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			1 <i>Ash Wednesday</i> 9:00 Swim Therapy at WKHS & Library Run 10:00 Imposition of Ashes in St. Luke's Chapel 11:00 Low-Impact Aerobics in Wellness Center 11:30 Strength Training in Wellness Center 1:00 Creative Expressions: Art w/Ed Haley in Leas Art Studio 1:00 News & Views in Chaucer 1:30 Knit & Crochet Group in St. George's 3:00 Scripture Study w/Glen in St. George's Room 6:00 Bean Bag Toss in Wellness	2 Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch in Wellness Center 1:00 Line Dancing in Wellness Center 2:00 Channel 3 Movie "Arrival" 2:00 Arts & Crafts w/Amber "St. Patrick's Day Banner" in St. George's Room 3:00 Walking Club meet in Wellness 3:45 Cardio Fusion in Wellness 4:00 HAPPY HOUR in Trillium Room	3 10:00 Men's Hour in Wellness 11:00 Low-Impact Aerobics in Wellness Center 11:30 Strength Training in Wellness Center 1:00 TAI CHI w/a PT in Wellness 2:00 Poetry Reading in St. George's Room 4:15 Golden Age Spaghetti Dinner Outing at the CAI 6:00 Outing to see Blackthorn at the Farmington Barn Theater 7:00 Movie Night in Wellness Ctr.	4 10:00 Sit & Chat in Pub 2:00 Euchre & Pinochle Club in Chaucer 7:00 Bingo in Wellness
5 2:00 Sunday Service in St. Luke's Chapel 7:00 Channel 3 Movie "Arrival" 	6 Shopping Shuttle 10am & 1pm 8:30 Rise & Shine in Wellness Center 10:00 Calendar & Canterbury Tales Reading in Travel Hub TBA Massage Therapy w/Erika 10:00 Art Class with Janet in Leas Art Studio 11:00 Low-Impact Aerobics in Wellness 11:30 Strength Training in Wellness 11:00 1:1 Technology Lessons 1:30 ICE CREAM SOCIAL in Trillium 2:00 XBOX Kinect Bowling in Wellness 2:00 Catholic Mass in St. Luke's 3:00 Men's Virtual Bowling in Wellness	7 9:00 Outing to Firekeepers Casino in Battle Creek 9:30 Café Central in St. George's 11:00 Balance and Stretch in Wellness Center 2:00 "Special" Channel 3 Movie "Susan B. Anthony-Rebel with a Cause" 3:45 Cardio Drumming in Wellness Center 6:00 Line Dancing in Wellness 6:00 Waterford Kettering Music Program Student Recitals in St. Luke's Chapel	8  9:00 Swim Therapy at WKHS & Library Run 10:00 Mid-Week Service in St. Luke's 11:00 Low-Impact Aerobics in Wellness 11:30 Strength Training in Wellness Ctr 1:00 Creative Expressions: Art w/Ed Haley in Leas Art Studio 1:00 News and Views in Chaucer 1:30 Knit & Crochet Group in St. George's Room 3:00 Scripture Study w/Glenn in St. George's Room 6:00 Bean Bag Toss in Wellness 6:45 VILLAGE PLAYERS OUTING to see "You Can't Take it With You"	9 Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch in Wellness Center 1:00 Line Dancing in Wellness 2:00 Arts & Crafts w/Karleigh "St. Patrick's Day Greeting Cards" in St. George's Room 2:00 Channel 3 Movie "Allied" 3:30 Marketing Meeting in Chippendale Room 3:00 Walking Club meet in Wellness 3:45 Cardio Fusion in Wellness 4:00 Happy Hour w/Sheryl Sukenic in Trillium Room	10  10:00 Men's Hour in Wellness Center 11:00 Low-Impact Aerobics in Wellness Center 11:30 Strength Training in Wellness Center 1:00 TAI CHI w/a PT in Wellness 2:00 Creative Writing in St. George's Room 3:00 BINGO BONANZA in Wellness Center 7:00 Movie Night in Wellness Center	11 10:00 Sit & Chat in Pub 2:00 Euchre & Pinochle Club in Chaucer 7:00 Bingo in Wellness
12 <i>Daylight Savings Time Begins</i> 2:00 Sunday Service in St. Luke's Chapel 7:00 Channel 3 Movie "Allied" 	13  Shopping Shuttle 10am & 1pm 8:30 Rise & Shine in Wellness 9:30 Line Dancing in Wellness 10:00 Calendar & Canterbury Tales Reading in Travel Hub 10:00 Art Class with Janet in Leas Art Studio NO WELLNESS CLASSES TODAY 11:00 Technology Lessons 1:00 RESIDENT ASSOCIATION MEETING W/ELECTION in Iris Room 2:00 XBOX Kinect Bowling in Wellness Center 2:00 Catholic Mass in St. Luke's Chapel 3:00 Men's Virtual Bowling in Wellness Center	14 9:30 Café Central in St. George's Room 10:30 Outing to Pewabic Pottery & Lunch at Sinbads 11:00 Balance & Stretch in Wellness 2:00 "Special" Channel 3 Movie-"Absolutely Irish" 6:00 Indoor Putting in Wellness Center 6:00 Fine Lines & Wine in St. George's Room	15  9:00 Swim Therapy at WKHS and Library Run 10:00 Mid-Week Service in St. Luke's 11:00 Low-Impact Aerobics in Wellness Center 11:30 Strength Training in Wellness Center 1:00 Creative Expressions: Art w/Ed Haley in Leas Art Studio 1:00 News and Views in Chaucer Room 1:30 Knit & Crochet Group in St. George's Room 3:00 Scripture Study w/Glenn in St. George's Room 6:00 Bean Bag Toss in Wellness	16  Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch in Wellness Center 1:00 Line Dancing in Wellness Center 2:00 Arts & Crafts w/Karleigh "Pot of Gold" in St. George's Room 2:00 Channel 3 Movie "Manchester By The Sea" 3:00 Walking Club meet in Wellness 3:45 Cardio Fusion in Wellness No Happy Hour today 6:30 Canterbury's Annual St. Patty's Day Party with special guests The Big Chief Choir-party in Trillium Room following music IRISH THEME DINNER	17 <i>St. Patrick's Day</i> 10:00 Men's Hour in Wellness Center 11:00 Low-Impact Aerobics in Wellness Center 11:30 Strength Training in Wellness Center 1:30 Southminster Culinary Meeting in Iris Room 2:30 MARCH BIRTHDAY PARTY in the George's Room 4:30 TABLE ROULETTE AT DINNER 7:00 Movie Night in Wellness Center	18  10:00 Sit & Chat in Pub 2:00 Euchre & Pinochle Club in Chaucer 7:00 Bingo in Wellness 



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>19</p> <p>2:00 Sunday Service in St. Luke's Chapel</p> <p>7:00 Channel 3 Movie "Manchester By The Sea"</p> 	<p>20 <i>SPRING BEGINS!!!!</i></p> <p>Shopping Shuttle 10am & 1pm</p> <p>8:30 Rise & Shine in Wellness</p> <p>9:30 Line Dancing in Wellness</p> <p>TBA Massage Therapy w/Erika</p> <p>10:00 Calendar & Canterbury Tales Reading in Travel Hub</p> <p>10:00 Art Class with Janet in Leas Art Studio</p> <p>11:00 Technology Lessons</p> <p>11:00 Low-Impact Aerobics in Wellness Center</p> <p>11:30 Strength Training in Wellness Center</p> <p>1:00 Alterations by Diane</p> <p>2:00 XBOX Kinect Bowling in Wellness Center</p> <p>2:00 Catholic Mass in St. Luke's Chapel</p> <p>3:00 Men's Virtual Bowling in Wellness Center</p> <p>3:30 Activities Planning Meeting in St. George's Room</p> 	<p>21</p> <p>9:30 Café Central in St. George's Room</p> <p>9:30 Outing to see Ice Flows in Port Huron- Lunch at Freighters</p> <p>11:00 Balance & Stretch in Wellness Center</p> <p>1:30 Chef's Demo w/Dietician Talk in St. Luke's Chapel </p> <p>2:00 "Special" Channel 3 Movie "Irish Tenors-Ellis Island"</p> <p>3:45 Cardio Drumming in Wellness Center</p> <p>6:00 Fine Lines & Wine in St. George's Room</p> <p>6:00 Velcro Darts in Wellness Center</p>	<p>22</p> <p>9:00 Swim Therapy at WKHS & Library Run</p> <p>10:00 Mid-Week Service in St. Luke's Chapel</p> <p>11:00 Low-Impact Aerobics in Wellness Center</p> <p>11:30 Strength Training in Wellness Center</p> <p>11:30 Waterford Ministerial Lenten Series in St. Luke's Chapel with Luncheon in Iris Room following</p> <p>1:00 Creative Expressions: Art w/Ed Haley in Leas Art Studio</p> <p>1:00 News and Views in Chaucer</p> <p>1:30 Knit & Crochet Group in St. George's</p> <p>3:00 Scripture Study w/Glenn in St. George's Room</p> <p>5:00 PIZZA DINNER in the Pub </p> <p>6:00 Bean Bag Toss in Wellness</p>	<p>23</p> <p>Shopping Shuttle 10am & 1pm</p> <p>11:00 Balance & Stretch in Wellness Center</p> <p>1:00 Line Dancing in Wellness Center</p> <p>2:00 Channel 3 Movie "Fences"</p> <p>2:00 Arts & Crafts w/Karleigh "DIY Wooden Bird House Craft" in St. George's Room</p> <p>3:00 Walking Club meet in Wellness Center</p> <p>3:45 Cardio Fusion in Wellness Center </p> <p>4:00 Happy Hour with Paul Johannes in Trillium Room</p>	<p>24</p> <p>8:45 Outing to Oakland University "A Chorus Line" Lunch at Lion's Den</p> <p>10:00 Men's Hour in Wellness Center</p> <p>11:00 Low-Impact Aerobics in Wellness Center</p> <p>11:30 Strength Training in Wellness Center</p> <p>1:00 TAI CHI w/a PT in Wellness Center</p> <p>2:00 Wooden Bird House Craft Continued</p> <p>7:00 Movie Night in Wellness Center</p> 	<p>25</p> <p>10:00 Sit & Chat in the Pub</p> <p>2:00 Euchre & Pinochle Club in Chaucer</p> <p>7:00 Bingo in Wellness Center</p> 
<p>26</p> <p>2:00 Sunday Service in St. Luke's Chapel</p> <p>7:00 Channel 3 Movie "Fences"</p> <p><i>SPRING</i></p> 	<p>27</p> <p>Shopping Shuttle 10am & 1pm</p> <p>8:30 Rise & Shine in Wellness Center</p> <p>9:30 Line Dancing in Wellness</p> <p>10:00 Calendar & Canterbury Tales Reading in Travel Hub</p> <p>10:00 Art Class w/Janet in Leas Art Studio</p> <p>11:00 1:1 Technology Lessons w/Alisha</p> <p>11:00 Low-Impact Aerobics in Wellness Center</p> <p>11:30 Strength Training in Wellness Center</p> <p>2:00 XBOX Kinect Bowling in Wellness Center</p> <p>2:00 Catholic Mass in St. Luke's Chapel</p> <p>3:00 Men's Virtual Bowling in Wellness Center</p> <p>5:00 Chef's Gourmet Meal in Chippendale</p>	<p>28</p> <p>9:30 Café Central in St. George's Room</p> <p>11:00 MYSTERY LUNCH</p> <p>11:00 Balance & Stretch in Wellness Center</p> <p>2:00 "Special" Channel 3 Movie "American Experience- Eleanor Roosevelt"</p> <p>3:45 Cardio Drumming in Wellness Center</p> <p>6:00 Line Dancing in Wellness Center</p> <p>6:00 Fine Lines & Wine in St. George's Room</p> <p><i>MARCH</i></p>	<p>29</p> <p>9:00 Swim Therapy at WKHS & Library Run</p> <p>10:00 Mid-Week Service in St. Luke's</p> <p>11:00 Low-Impact Aerobics in Wellness Center</p> <p>11:30 Strength Training in Wellness Center</p> <p>1:00 Creative Expressions: Art w/Ed Haley in Leas Art Studio</p> <p>1:00 News and Views in Chaucer Room</p> <p>1:30 Knit & Crochet Group in St. George's Room</p> <p>3:00 Scripture Study w/Glenn in St. George's Room</p> <p>6:30 Entertainer Marc Edwards in St. Luke's Chapel </p>	<p>30</p> <p>Shopping Shuttle 10am & 1pm</p> <p>11:00 Balance & Stretch in Wellness Center</p> <p>11:00 Southminster Book Club Discussion in Library</p> <p>1:00 Line Dancing in Wellness Center</p> <p>2:00 Channel 3 Movie "Rules Don't Apply"</p> <p>2:00 Arts & Crafts w/Karleigh </p> <p>"Spring Ceramic Teapot Craft" in St. George's Room</p> <p>4:00 Happy Hour in Trillium Room</p>	<p>31</p> <p>10:00 Men's Hour in Wellness Center</p> <p>11:00 Low-Impact Aerobics in Wellness Center</p> <p>11:30 Strength Training in Wellness Center</p> <p>1:00 TAI CHI w/a PT in Wellness Center</p> <p>2:00 One-Cup Baking in St. George's Room</p> <p>2:30 Cupcake Decorating in St. George's Room</p> <p>7:00 Movie Night </p> <p>in Wellness Center</p>	<p>Upcoming Events</p> <p>Some April outings include trips to:</p> <ul style="list-style-type: none"> "The Glenn Miller Orchestra" at the Macomb Center for the Arts Rochester Hills' VanHoosen Farm Schoolcraft College's Culinary Restaurant Tiger's Opening Day Party The Sloan Museum Belle Isle's Whitcomb Conservatory <p>SAVE THE DATE</p> <p>Canterbury's Volunteer Appreciation Event-April 25th</p> <p><i>*all outings subject to change</i></p>