SOUTHMINSTER JANUARY 2017



SUNDAY

MONDAY

Shopping Shuttle 10am & 1pm

10:00 Calendar & Canterbury

in Leas Art Studio

11:00 ROSE PARADE ON ABC

11:00 1:1 Technology Lessons

in Wellness Center

1:30 Strength Training in Wellness

10:00 Art Class with Janet

1:00 Low-Impact Aerobics

2:00 XBOX Kinect Bowling

in St. Luke's Chapel

in Wellness Center

Tales Reading in Travel Hub

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TUESDAY

WEDNESDAY

THURSDAY

6 Epiphany

FRIDAY

11:00 Low-Impact Aerobics

11:30 Strength Training

2:00 Poetry Reading

2:00 Outing to Chi-Town

in Wellness Center

in Wellness Center

in Union Lake

in St. George's Room

4:15 Golden Age Spaghetti

SATURDAY

New Year's Day

2:00 Sunday Service in St. Luke's Chapel

7:00 Channel 3 Movie "Andre Rieu-Christmas Around the World"



9 Undecorating Day

2:00 Catholic Mass

10:00 Calendar & Canterbury Tales Reading in Travel Hub

TBA Massage Therapy w/Erika 10:00 Art Class with Janet

in Leas Art Studio 11:00 1:1 Technology Lessons

MEETING IN IRIS ROOM

1:00 Low-Impact Aerobics in Wellness 2:00 XBOX Kinect Bowling in Wellness 3

9:30 Café Central

in St. George's Room 11:00 Balance and Stretch in Wellness Center 2:00 "Special" Channel 3

Movie "American Experience-Building the Alaska Highway" 6:00 Balloon Tennis in Wellness Center GE PARA 6:00 Fine Lines & Wine in St. George's Room

9:00 Waterford Library Shuttle 1:00 Low-Impact Aerobics in Wellness Center 1:00 Creative Expressions: Art w/Ed Haley in Leas Art Studio

1:00 News & Views in Chaucer Room 1:30 Strength Training in Wellness Center

1:30 Knit & Crochet Group in Chaucer Room 6:00 Bean Bag Toss in Wellness 5

Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch

in Wellness Center 1:00 Line Dancing in Wellness Center 2:00 Channel 3 Movie "Florence Foster Jenkins" 2:00 Arts & Crafts w/Karleigh

"White Dollies Trees" in St. George's Room 4:00 HAPPY HOUR in Trillium Room

Dinner Outing at the CAI 7:00 Movie Night in St. George's Room

10:00 Men's Hour in Wellness 10:00 Sit & Chat

> 2:00 Euchre & Pinochle Club in Chaucer

in Pub

7:00 Bingo in Wellness

2:00 Sunday Service in St. Luke's Chapel

7:00 Channel 3 Movie "Florence Foster Jenkins"



in St. Luke's Chapel



Shopping Shuttle 10am & 1pm

1:00 RESIDENT ASSOCIATION

1:30 Strength Training in Wellness 2:00 Catholic Mass in St. Luke's

Undecorating Day

9:30 Café Central in St. George's Room 11:00 Balance and Stretch in Wellness Center

11:30 MYSTERY LUNCH

2:00 "Special" Channel 3 Movie

"American Experience-Alaska Pipeline" 6:00 Penny Toss in Wellness 6:00 Fine Lines & Wine in St. George's Room

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9:00 Waterford Library Shuttle 1:00 Low-Impact Aerobics in Wellness Center

1:00 Creative Expressions: Art w/Ed Haley in Leas Art Studio 1:00 News & Views

in Chaucer Room 1:30 Strength Training in Wellness Center 1:30 Knit & Crochet Group

in Chaucer Room 6:00 Bean Bag Toss in Wellness

Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch

in Wellness Center 1:00 Line Dancing in Wellness 2:00 Arts & Crafts w/Karleigh "Snowy Wreath" in St. George's Room

2:00 Channel 3 Movie "Now You See Me 2"

4:00 Happy Hour with Dean Rutledge in Trillium Room

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10:00 Men's Hour in Wellness Center 11:00 Low-Impact Aerobics in Wellness Center

11:30 Strength Training in Wellness Center

1:30 Southminster Culinary Meeting in Iris Room 2:00 Creative Writing in St. George's Room

3:00 BINGO BONANZA

in Wellness Center



10:00 Sit & Chat in Pub

2:00 Euchre & Pinochle Club in Chaucer

7:00 Bingo in Wellness

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2:00 Sunday Service

7:00 Channel 3 Movie "Now You See Me 2"



16 Martin Luther King Jr. Day

Shopping Shuttle 10am & 1pm 9:30 Line Dancing in Wellness

10:00 Calendar & Canterbury Tales Reading in Travel Hub 10:00 Art Class with Janet

in Leas Art Studio

11:00 Low-Impact Aerobics in Wellness Center

11:00 Technology Lessons 11:30 Strength Training

in Wellness Center 2:00 XBOX Kinect Bowling in Wellness Center

2:00 Catholic Mass in St. Luke's Chapel 17

9:15 Outing to Tour LaFontaine Car Museum and

Lunch at Highland House 9:30 Café Central in St. George's Room 11:00 Balance & Stretch in Wellness 2:00 "Special" Channel 3 Movie-"Tom Brokaw-The **Greatest Generation Disc 1"** 6:00 Balloon Tennis in Wellness Center

6:00 Fine Lines & Wine

in St. George's Room

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9:00 Swim Therapy at WKHS

and Library Run 11:00 Low-Impact Aerobics in Wellness Center

11:30 Strength Training in Wellness Center

1:00 News & Views in Chaucer Room 1:00 Creative Expressions:

1:30 Knit & Crochet Group in St. George's Room 6:00 Bean Bag Toss in Wellness

Art w/Ed Haley in Leas Art Studio

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Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch in Wellness Center

1:00 Line Dancing in Wellness Center

2:00 Arts & Crafts w/Karleigh "Snowflake Craft" in St. George's Room

2:00 Channel 3 Movie "Sully"

4:00 Happy Hour w/Special Drink in Trillium Room

20 Inauguration Day

10:00 Men's Hour in Wellness Center

11:00 Low-Impact Aerobics in Wellness Center

11:30 Strength Training in Wellness Center

2:00 JANUARY **BIRTHDAY PARTY** in the George's Room

7:00 Movie Night in St. George's Room

10:00 Sit & Chat in Pub

2:00 Euchre & **Pinochle Club** in Chaucer

7:00 Bingo in Wellness

SOUTHMINSTER JANUARY 2017

WEDNESDAY



SUNDAY 22

2:00 Sunday Service in St. Luke's Chapel

7:00 Channel 3 Movie "Sully"



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Shopping Shuttle 10am & 1pm 8:30 Rise & Shine in Wellness 9:30 Line Dancing in Wellness 10:00 Calendar & Canterbury Tales Reading in Travel Hub 10:00 Art Class with Janet in Leas Art Studio

MONDAY

11:00 Technology Lessons 11:00 Alterations by Diane 1:00 Low-Impact Aerobics in Wellness Center

1:30 Strength Training in Wellness Center 2:00 XBOX Kinect Bowling in Wellness Center 2:00 Catholic Mass in St. Luke's Chapel

3:30 Activities Planning

Meeting in St. George's

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9:30 Café Central in St. George's Room 10:00 Outing to Caesar's Casino in Windsor

TUESDAY

11:00 Balance & Stretch in Wellness Center

2:00 "Special" Channel 3 Movie -"Tom Brokaw-The Greatest Generation Disc 2"

in St. George's Room 6:00 Line Dancing in Wellness Center

6:00 Fine Lines

25

9:00 Swim Therapy at WKHS & Library Run 11:00 Low-Impact Aerobics in Wellness Center 11:30 Strength Training in Wellness Center 1:00 Creative Expressions: Art w/Ed Halev in Leas Art Studio 1:00 News and Views in Chaucer Room 1:30 Knit & Crochet Group in St. George's Room 6:00 Bean Bag Toss

in Wellness Center

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Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch in Wellness Center 11:00 Southminster **Book Club Discussion** in Library 1:00 Line Dancing in Wellness 2:00 Channel 3 Movie "Mission Impossible-Rogue Nation" 2:00 Arts & Crafts w/Karleigh "Snowman Craft" in St. George's Room

THURSDAY

CHINESE NEW YEAR THEME DINNER & HAPPY HOUR

4:00 Happy Hour With Terry Stevenson 27

10:00 Men's Hour in Wellness Center 11:00 Low-Impact

Aerobics

FRIDAY

in Wellness Center 11:30 Strength Training

7:00 Movie Night in St. George's Room

in Wellness Center



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10:00 Sit & Chat in the Pub

SATURDAY

2:00 Euchre & Pinochle Club in Chaucer

7:00 Bingo in Wellness Center



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2:00 Sunday Service in St. Luke's Chapel

7:00 Channel 3 Movie "Mission Impossible: Roque Nation"



30

Shopping Shuttle 10am & 1pm

8:30 Rise & Shine in Wellness Center

9:30 Line Dancing in Wellness Center

10:00 Calendar & **Canterbury Tales** Reading in Travel Hub

10:00 Art Class with Janet in Leas Art Studio

2:00 XBOX Kinect Bowling in Wellness Center

2:00 Catholic Mass in St. Luke's Chapel

9:30 Café Central in St. George's Room 10:30 Outing to the **Detroit Institute of Art**

11:00 Balance &

Stretch in Wellness Center 2:00 "Special Channel 3 Movie "Tom Brokaw-The Greatest

5:00 Chef's Gourmet Meal

Generation Disc 3"

in Chippendale Room 6:00 Velcro Darts in Wellness Center 6:00 Fine Lines in St. George's Room







