

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Easter Sunday</p> <p>9:30 Rise & Shine 10:30 Sunday Current Events 12:00 Easter Meal 1:30 Rest & Relax 2:30 Bingo! 4:30 Spring Facts & Trivia 7:00 Channel 3 Movie</p> 	<p>2 </p> <p>9:30 Rise & Shine 10:30 Gardening Club 11:00 Bible Study 11:30 Lets Get Moving 12:00 Sparkle & Shine its Time to Dine 1:30 Rest & Relax 3:00 Dream Cruise 7:00 Aromatherapy & Unwind</p>	<p>3 </p> <p>9:30 Rise & Shine 10:30 Scrapbooking 12:00 Sparkle & Shine it's Time to Dine 1:15 Musical Memories With Kristen 3:00 Strength Training 7:00 Aromatherapy & Unwind</p>	<p>4</p> <p>9:30 Rise & Shine 10:30 Chair Exercise 11:00 Finish The Phrase 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:30 Beauty Hour  4:00 Gentle Stretch 7:00 Aromatherapy & Unwind</p>	<p>5 </p> <p>9:30 Rise & Shine 10:30 Creative Expressions 12:00 Sparkle & Shine it's Time to Dine 1:30 Muscles In Motion 2:30 Adult Coloring 4:00 Cocktail Hour</p>	<p>6 </p> <p>9:30 Rise & Shine 11:15 Su Nigoff News & Views 1:30 Rest & Relax 2:00 Walking Club 4:00 Chit Chat 7:00 Movie & Popcorn</p>	<p>7</p> <p>9:30 Rise & Shine 10:30 Head to Toe Exercise 11:00 Trivia 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:30 Card Games 7:00 Aromatherapy & Unwind</p>
<p>8</p> <p>9:30 Rise & Shine 10:30 Coffee & Donuts 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:30 Bingo! 4:30 Trivial Pursuit 7:00 Channel 3 Movie</p> 	<p>9</p> <p>9:30 Rise & Shine 10:30 Gardening Club 11:00 Bible Study 11:30 Lets Get Moving 12:00 Sparkle & Shine It's Time to Dine 1:30 Rest & Relax 3:00 Milkshake Monday!  7:00 Aromatherapy & Unwind</p>	<p>10</p> <p>9:30 Rise & Shine 10:30 Scrapbooking 12:00 Sparkle & Shine it's Time to Dine 1:15 Musical Memories With Kristen 3:00 Strength Training 7:00 Aromatherapy & Unwind</p>	<p>11</p> <p>9:30 Rise & Shine 10:30 Chair Exercise 11:00 Spring Memories 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:15 Music With  Michael Kreiger 4:00 Gentle Stretch 7:00 Aromatherapy & Unwind</p>	<p>12</p> <p>9:30 Rise & Shine 10:30 Creative Expressions 12:00 Sparkle & Shine it's Time to Dine 1:30 Muscles In Motion 2:30 Jingo!  4:00 Cocktail Hour 7:00 Aromatherapy & Unwind</p>	<p>13</p> <p>9:30 Rise & Shine 10:30 Walking Club 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:00 Massages with Erika 4:00 Chit Chat 7:00 Movie & Popcorn </p>	<p>14</p> <p>9:30 Rise & Shine 10:30 Head to Toe Exercise 11:00 White Board Games 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:30 Reminisce 7:00 Aromatherapy & Unwind</p>
<p>15</p> <p>9:30 Rise & Shine 10:30 Coffee & Donuts 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:30 Bingo! 4:30 Mind Joggers 7:00 Channel 3 Movie</p>	<p>16</p> <p>9:30 Rise & Shine 10:30 Gardening Club 11:00 Bible Study 11:30 Lets Get Moving 12:00 Sparkle & Shine Its Time to Dine 1:30 Rest & Relax 3:00 Dream Cruise 7:00 Aromatherapy & Unwind </p>	<p>17</p> <p>9:30 Rise & Shine 10:30 Scrapbooking 12:00 Sparkle & Shine it's Time to Dine 1:15 Musical Memories With Kristen 3:00 Strength Training 7:00 Aromatherapy & Unwind</p>	<p>18</p> <p>9:30 Rise & Shine 10:30 Chair Exercise 11:00 Coupon Clipping 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:30 Beauty Hour 4:00 Gentle Stretch 7:00 Aromatherapy & Unwind</p>	<p>19</p> <p>9:30 Rise & Shine 10:30 Creative Expressions 12:00 Sparkle & Shine it's Time to Dine 1:30 Muscles In Motion 2:30 Baking Class 4:00 Cocktail Hour 7:00 Aromatherapy & Unwind </p>	<p>20 </p> <p>9:30 Rise & Shine 10:30 Walking Club 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:00 Massages with Erika 5:00 Pizza Party! 7:00 Movie & Popcorn</p>	<p>21</p> <p>9:30 Rise & Shine 10:30 Head to Toe Exercise 11:00 Trivia 12:00 Sparkle & Shine it's Time to Dine 1:30 Rest & Relax 2:30 The Honeymooners 7:00 Aromatherapy & Unwind</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

22

9:30 Rise & Shine
10:30 Coffee & Donuts
12:00 Sparkle & Shine
It's Time to Dine
1:30 Rest & Relax
2:30 Bingo!
4:30 Name That Tune
7:00 Channel 3 Movie



23

9:30 Rise & Shine
10:30 Gardening Club
11:00 Bible Study
11:30 Lets Get Moving
12:00 Sparkle & Shine
it's Time to Dine
1:30 Rest & Relax
3:00 April Birthday
Celebration!
7:00 Aromatherapy
& Unwind



24

9:30 Rise & Shine
10:30 Scrapbooking
11:00 Crosswords
12:00 Sparkle & Shine
it's Time to Dine
1:15 Musical Memories
With Kristen
3:00 Strength Training
7:00 Aromatherapy
& Unwind



25

9:30 Rise & Shine
10:30 Chair Exercise
11:00 Word Searches
12:00 Sparkle & Shine
it's Time to Dine
1:30 Rest & Relax
2:30 Beauty Hour
4:00 Gentle Stretch
7:00 Aromatherapy
& Unwind

26

9:30 Rise & Shine
10:30 Creative Expressions
12:00 Sparkle & Shine
it's Time to Dine
1:30 Muscles In Motion
2:30 Jingo!
4:00 Cocktail Hour
7:00 Aromatherapy
& Unwind



27

9:30 Rise & Shine
10:30 Walking Club
12:00 Sparkle & Shine
it's Time to Dine
1:30 Rest & Relax
2:00 Massages with
Erika
4:00 Chit Chat
7:00 Movie & Popcorn



28

9:30 Rise & Shine
10:30 Head to
Toe Exercise
12:00 Sparkle & Shine
it's Time to Dine
1:30 Rest & Relax
7:00 Aromatherapy
& Unwind

29

9:30 Rise & Shine
10:30 Sunday Current
Events
12:00 Sparkle & Shine
It's Time to Dine
1:00 Root Beer Floats
2:30 Bingo
4:30 Brain Games
Trivia
7:00 Channel 3 Movie



30

9:30 Rise & Shine
10:30 Gardening Club
11:00 Bible Study
11:30 Lets Get Moving
12:00 Sparkle & Shine
it's Time to Dine
1:30 Rest & Relax
3:00 Dream Cruise
7:00 Aromatherapy
& Unwind

