



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 Canada Day

10:00 Sit & Chat in Pub

2:00 Euchre & Pinochle Club in Chaucer

7:00 Bingo in Wellness

2

2:00 Sunday Service in St. Luke's Chapel

7:00 Channel 3 Movie "Yankee Doodle Dandy"

3

Shopping Shuttle 10am & 1pm

8:30 Rise and Shine in Wellness

9:45 Line Dancing in Wellness Center

10:00 Calendar & Canterbury Tales Reading in Travel Hub

11:00 Low-Impact Aerobics in Wellness Center

11:30 Strength Training in Wellness

2:00 Catholic Mass in St. Luke's

2:00 XBOX Kinect Bowling in Wellness

6:00 Bocce Ball League

4 Independence Day

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9:00 Swim Therapy & Library Run

10:00 Morning Prayer Service in St. Luke's Chapel

11:00 Low-Impact Aerobics in Wellness Center

11:30 Strength Training in Wellness Center

1:00 News and Views in Chaucer Room

1:30 Knit & Crochet Group in St. George's Room

3:00 Scripture Study w/Glenn in St. George's Room

6:00 Canterbury Putters

6

9:30 Farmer's Market Run

Shopping Shuttle 10am

11:00 Balance & Stretch in Wellness

1:00 Line Dancing in Wellness

2:00 Arts & Crafts "Painting with Karleigh" in St. George's Room

2:00 Channel 3 Movie "The Birth of a Nation"

2:15 WALKING CLUB

4:00 HAPPY HOUR w/Terry Stevenson in Trillium

6:00 Virtual Bowling League

7

11:00 Balance & Stretch in Wellness Center

11:00 Technology Lessons w/Alisha

2:00 Poetry Group in St. George's Room

3:00 Michigan Wine Tasting in the Lakeside Pavilion

7:00 Southminster Movie Night in Wellness Center

8

10:00 Sit & Chat in Pub

2:00 Euchre & Pinochle Club in Chaucer

7:00 Bingo in Wellness

9

2:00 Sunday Service in St. Luke's Chapel

7:00 Channel 3 Movie "The Birth of a Nation"

10

Shopping Shuttle 10am & 1pm

8:30 Rise and Shine in Wellness

9:45 Line Dancing in Wellness Center

TBA MASSAGE THERAPY w/ERIKA

10:00 Calendar & Canterbury Tales Reading in Travel Hub

11:00 Low-Impact Aerobics in Wellness Center

11:30 Strength Training in Wellness Center

1:00 RESIDENT ASSOCIATION MEETING IN IRIS ROOM

2:00 Catholic Mass in St. Luke's

2:00 XBOX Kinect Bowling in Wellness Center

6:00 Bocce Ball League

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9:30 Café Central in St. George's Room

TBA OVERNIGHT OUTING TO HARBOR SPRINGS & THE YOUNG AMERICANS DINNER THEATER

11:00 Balance & Stretch in Wellness

2:00 "Special" Channel 3 Movie "The Shootist"

2:15 WALKING CLUB

6:00 Fine Lines & Wine in St. George's Room

6:00 Shuffleboard League

12

OVERNIGHT OUTING TO HARBOR SPRINGS & THE YOUNG AMERICANS DINNER THEATER

9:00 Swim Therapy & Library Run

10:00 Morning Prayer Service in St. Luke's Chapel

11:00 Low-Impact Aerobics in Wellness Center

11:30 Strength Training in Wellness Center

3:00 Scripture Study w/Glenn in St. George's Room

6:00 Canterbury Putters

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9:30 Farmer's Market Run

Shopping Shuttle 10am & 1pm

11:00 Balance & Stretch in Wellness Center

1:00 Line Dancing in Wellness Center

2:00 Alzheimer's Association Presentation in St. Luke's Chapel

"Meaningful Conversations"

2:00 Channel 3 Movie "The Shack"

2:15 WALKING CLUB

4:00 HAPPY HOUR in Trillium Room

6:00 Virtual Bowling League

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10:00 Wellness Nature Walk to Rochester Municipal Park

11:00 Balance and Stretch in Wellness Center

11:00 Technology Lessons w/Alisha

1:30 Chef Demo in St. Luke's Chapel

2:00 Creative Writing in St. George's Room

3:00 BINGO BONANZA in Wellness Center

7:00 Southminster Movie Night in Wellness Center

15

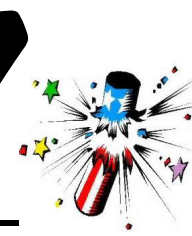
10:00 Sit & Chat in Pub

2:00 Euchre & Pinochle Club in Chaucer

7:00 Bingo in Wellness

SOUTHMINSTER

JULY 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 2:00 Sunday Service in St. Luke's Chapel 7:00 Channel 3 Movie "The Shack" 	17 Shopping Shuttle 10am & 1pm 8:30 Rise and Shine in Wellness 9:45 Line Dancing in Wellness 10:00 Calendar & Canterbury Tales Reading in Travel Hub 11:00 Low-Impact Aerobics in Wellness Center 11:30 Strength Training in Wellness Center 2:00 Catholic Mass in St. Luke's Chapel 2:00 XBOX Kinect Bowling 3:30 Activities Planning Meeting in the Lakeside Pavilion 6:00 Bocce Ball League 	18 9:30 Café Central in St. George's Room 9:30 Outing to Bavarian Belle and Lunch at Zehnder's 11:00 Balance & Stretch in Wellness Center 2:00 "Special" Channel 3 Movie "The Glass Bottom Boat" 2:15 WALKING CLUB in St. George's Room 6:00 Fine Lines & Wine in St. George's Room 6:00 Shuffleboard League 7:30 Resident Campfire w/The Campfire Compadres	19 9:00 Swim Therapy & Library Run 10:00 Morning Prayer Service in St. Luke's Chapel 11:00 Low-Impact Aerobics in Wellness Center 11:30 Strength Training in Wellness Center 1:00 News and Views in Chaucer Room 1:30 Knit & Crochet Group in St. George's Room 2:00 New Resident Mixer in St. George's Room 3:00 Scripture Study w/Glenn in St. George's Room 6:00 Canterbury Putters 6:15 Dave Bennett's "HOT SUMMER NIGHT" at Mott PAC 	20 9:30 Farmer's Market Run Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch in Wellness Center 1:00 News and Views in Chaucer Room 2:00 Arts & Crafts w/Karleigh "Creative Adult Coloring" in St. George's Room 2:00 Channel 3 Movie "Beauty and the Beast" 2:15 WALKING CLUB 4:00 HAPPY HOUR w/Leonard Dow in Trillium Room 6:00 Virtual Bowling League GREEK THEME MEAL	21 11:00 Balance and Stretch in Wellness Center 11:00 Technology Lessons w/Alisha 1:30 Southminster Culinary Meeting in Iris Room 2:00 JULY BIRTHDAY PARTY in St. George's Room 7:00 Southminster Movie Night in Wellness Center 	22 10:00 Sit & Chat in the Pub 2:00 Euchre & Pinochle Club in Chaucer 7:00 Bingo in Wellness <i>Bocce Ball, Shuffleboard, and Putting League all take place outdoors just outside The Pub</i>
23 2:00 Sunday Service in St. Luke's Chapel 7:00 Channel 3 Movie "Beauty and the Beast" 	24 Shopping Shuttle 10am & 1pm 8:30 Rise and Shine in Wellness 9:45 Line Dancing in Wellness TBA MASSAGE THERAPY W/ERIKA 10:00 Calendar & Canterbury Tales Reading in Travel Hub 11:00 Low-Impact Aerobics 11:30 Strength Training in Wellness 2:00 Catholic Mass in St. Luke's 2:00 XBOX Kinect Bowling 6:00 Bocce Ball League 31 Shopping Shuttle 10am & 1pm 8:30 Rise and Shine in Wellness 9:45 Line Dancing in Wellness 10:00 Calendar & Canterbury Tales Reading in Travel Hub 11:00 Low-Impact Aerobics 11:30 Strength Training in Wellness 2:00 Catholic Mass in St. Luke's 2:00 XBOX Kinect Bowling 6:00 SINGER MARC EDWARDS IN ST. LUKE'S CHAPEL 6:00 Bocce Ball League	25 9:30 Café Central in St. George's Room 10:30 Lunch Outing to Lake Inn 11:00 Balance & Stretch in Wellness Center 2:00 CHRISTMAS IN JULY PARTY in Summerhouse 2:15 WALKING CLUB 3:00 "Special" Channel 3 Movie "Meet Me in St. Louis" 6:00 Fine Lines & Wine in St. George's Room 6:00 Shuffleboard League 	26 9:00 Swim Therapy & Library Run 10:00 Morning Prayer Service in St. Luke's Chapel 11:00 Low-Impact Aerobics in Wellness Center 11:30 Strength Training in Wellness Center 1:00 News and Views in Chaucer Room 3:00 Scripture Study w/Glenn in St. George's Room BLUEBERRY FESTIVAL BBQ LOCATION TBD 6:00 Canterbury Putters 	27 9:30 Farmer's Market Run Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch in Wellness Center 11:00 Book Club Discussion in St. George's Room 1:00 News and Views in Chaucer Room 2:00 Travelogue w/Karleigh "Looking for the Green" in St. George's Room 2:00 Channel 3 Movie "Snowden" 2:15 WALKING CLUB 4:00 HAPPY HOUR in Trillium Room 4:00 Outing to see "Hockey!" The Musical at the City Theater & Dinner at Hockeytown 6:00 Virtual Bowling League	28 10:00 Wellness Nature Walk Location TBD 11:00 Balance and Stretch in Wellness Center 11:00 Technology Lessons w/Karleigh 2:00 Wellness Games Outside The Pub Weather Permitting 7:00 Southminster Movie Night in Wellness Center 	29 10:00 Sit & Chat in the Pub 2:00 Euchre & Pinochle Club in Chaucer 7:00 Bingo in Wellness <i>All activities, outings and events that are held outside are weather permitting!</i>