SOUTHMINSTER

APRIL 2018





SUNDAY

Easter

2:00 Easter Service in St. Luke's Chapel

7:00 Channel 3 Movie "The Robe"



Shopping Shuttle 10am & 1pm

8:30 Rise and Shine in Wellness 9:30 Line Dancing in Wellness 10:00 Art Class with Janet

MONDAY

in Leas Art Studio 10:00 Calendar & Canterbury Tales Reading in Travel Hub

11:00 Muscles in Motion in Wellness Center

2:00 Catholic Mass in St. Luke's 2:00 XBOX Kinect Bowling in Wellness 6:00 Ring Toss in Wellness TBA NCAA Basketball Championship Game on CBS

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9:30 Café Central

TUESDAY

in St. George's Room 11:00 Balance & Stretch in Wellness Canter

12:00 Lunch Outing to Whitev's in Davison

2:00 "Special" Channel 3 Movie "A Thousand Clowns" 1:00 Line Dancing in Wellness 2:15 WALKING CLUB

6:00 Fine Lines & Wine in St. George's Room 6:00 Virtual Bowling in Wellness

WEDNESDAY

9:00 Swim Therapy & Library Run 10:00 Morning Prayer Service in St. Luke's Chapel

11:00 Muscles in Motion in Wellness 1:00 News and Views in Chaucer Rm 1:30 Knit & Crochet Group

in St. George's Room 2:15 Functionally Fit in Wellness 2:30 Scripture Study w/Glenn in Chaucer Room

3:30 Wellness Seminar: **Benefits of Mobility in Wellness** 6:00 Bean Bag Toss in Wellness

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9:30 Shopping Shuttle 10am & 1pm 11:00 Balance & Stretch

THURSDAY

in Wellness Center 2:00 Spring Coloring Pages with Karleigh in St. George's Room 2:00 Channel 3 Movie "Darkest Hour"

2:15 WALKING CLUB 4:00 Happy Hour

w/Entertainment by Rob Crozie in Trillium Room 6:00 Noodle Hockey in Wellness

FRIDAY

10:00 Creative Writing

in St. George's Room 11:00 Muscles in Motion in Wellness Center 11:00 Technology Lessons

1:30 Chef Demo in Iris Room 2:30 Travelogue w/Karleigh "Rain Dance in Brazil" in St. George's Room

with Karleigh

4:15 Golden Age Spaghetti Dinner at the CAI

7:00 Southminster Movie Night "The Queen"

10:00 Sit & Chat in Pub

SATURDAY

2:00 Euchre & Pinochle Club in Chaucer Room

12:45 Outing to see "Million Dollar Quartet" at the Macomb Center for the Arts

7:00 Bingo in Wellness



2:00 Sunday Service in St. Luke's Chapel

7:00 Channel 3 Movie "Darkest Hour"



Shopping Shuttle 10am & 1pm 8:30 Rise and Shine in Wellness

TBA MASSAGE THERAPY W/ ERIKA 9:30 Line Dancing in Wellness

10:00 Art Class with Janet in Leas Art Studio 10:00 Calendar & Canterbury Tales

Reading in Travel Hub 11:00 Muscles in Motion In Wellness Center

2:00 Catholic Mass in St. Luke's Chapel 2:00 XBOX Kinect Bowling

in Wellness Center



9:30 Café Central

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in St. George's Room 10:30 DB Knives & Scissors **Sharpening Service** in the St. George's Room

12:00 Outing to Cranbrook Institute of Science

11:00 Balance & Stretch in Wellness 2:00 "Special" Channel 3 Movie "The Book Thief"

1:00 Line Dancing in Wellness 2:15 WALKING CLUB

6:00 Musical Entertainment by Tom Birchler in St. Luke's Chapel No XBOX Bowling or Fine Lines

Round Table w/Rochelle 10AM & 2PM in the St. Georae's

9:00 Swim Therapy & Library Run 10:00 Morning Prayer Service in St. Luke's Chapel

11:00 Muscles in Motion in Wellness

1:00 News and Views in Chaucer

1:00 Severe Weather **Awareness Day Drill**

1:30 Knit & Crochet Group in St. George's Room

2:15 Functionally Fit in Wellness 2:30 Scripture Study w/Glenn in Chaucer

BASEBALL THEME DINNER TONIGHT 6:00 Bean Bag Toss in Wellness

9:30 Shopping Shuttle 10am & 1pm

11:00 Balance & Stretch in Wellness Center 2:00 Wine Glass Painting

in St. George's Room 2:00 Channel 3 Movie "Murder on the Orient Express"

2:15 WALKING CLUB 3:30 Cardio Drumming

in Wellness Center 4:00 Happy Hour in Trillium

6:00 Line Dancing in Wellness 6:15 Outing to see "Menopause the Musical" at Macomb Center

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11:00 Muscles in Motion in Wellness Center

11:00 Technology Lessons w/Karleigh

1:30 Southminster **Culinary Meeting** in Iris Room

2:30 April Birthday Party in St. George's Room

7:00 Southminster Movie Night "The Natural" in Wellness Center

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10:00 Sit & Chat in Pub

2:00 Euchre & Pinochle Club in Chaucer Room

7:00 Bingo in Wellness Center



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2:00 Sunday Service in St. Luke's Chapel 7:00 Channel 3 Movie "Murder on the **Orient Express**"



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Shopping Shuttle 10am & 1pm

8:30 Rise and Shine in Wellness 9:30 Line Dancing in Wellness 10:00 Art Class with Janet in Leas Art Studio

10:00 Calendar & Canterbury Tales Reading in Travel Hub 11:00 Muscles in Motion in Wellness 1:00 BALLOON VOLLEYBALL

in Wellness Center 2:00 Catholic Mass in St. Luke's 2:00 XBOX Kinect Bowling in Wellness 3:00 Activities Planning

Meeting in St. George's Room 6:00 Ring Toss in Wellness Center

17 TAX DAY

9:30 Café Central in St. George's Room 11:00 Balance & Stretch in Wellness Center

TBA Outing to MJR Movie Theater in Waterford

2:00 "Special" Channel 3 Movie "The Monuments Men" 1:00 Line Dancing in Wellness 2:15 WALKING CLUB

Gourmet Meal in Iris Room

6:00 Fine Lines & Wine in St. George's Room 6:00 Virtual Bowling in Wellness

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9:00 Swim Therapy & Library Run 10:00 Morning Prayer Service in St. Luke's Chapel

11:00 Muscles in Motion in Wellness 1:00 News and Views in Chaucer Rm 1:30 Knit & Crochet Group

in St. George's Room 2:15 Functionally Fit in Wellness 2:30 Scripture Study w/Glenn

in Chaucer Room

3:30 Wellness Seminar: Adaptive Equipment (and ways it can help you stay safe) in Wellness Center 6:00 Bean Bag Toss in Wellness

11:00 Balance & Stretch

in Wellness Center NO CRAFTS TODAY

2:00 Channel 3 Movie "Phantom Thread" 2:15 WALKING CLUB 3:00 Volunteer

> **Appreciation Event** in St. Luke's Chapel **NO HAPPY HOUR TODAY**

6:00 Line Dancing in Wellness Center

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9:30 Outing to Zehnder's **Ragtime Show & Lunch** in Frankenmuth

11:00 Muscles in Motion in Wellness Center 11:00 Technology Lessons w/Karleigh 2:00 Let's Celebrate Earth Day! in the St. George's Room 7:00 Southminster Movie Night "Murder on the Orient

Express"

10:00 Sit & Chat in Pub

2:00 Euchre & Pinochle Club in Chaucer Room

7:00 Bingo

in Wellness Center



SOUTHMINSTER

APRIL 2018



SUNDAY

22 Earth Day
2:00 Sunday
Service
in St. Luke's Chapel
7:00 Channel 3

7:00 Channel 3 Movie "Phantom Thread"



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Shopping Shuttle 10am & 1pm

MONDAY

8:30 Rise and Shine in Wellness Center 9:30 Line Dancing in Wellness Center

TBA MASSAGE THERAPY W/ERIKA

10:00 Calendar & Canterbury Tales Reading in Travel Hub 11:00 Muscles in Motion

in Wellness Center 2:00 Catholic Mass in St. Luke's Chapel

2:00 XBOX Kinect Bowling in Wellness Center

3:30 WELLNESS SEMINAR: National Decision Day-

Getting to Know the Types of Advanced Directives in Wellness Center 6:00 Ring Toss

Ring Toss
In Wellness Center

TUESDAY

9:30 Café Central in St. George's Room

11:00 Balance & Stretch in Wellness Center

11:30 Outing to Stahl's

Car Museum and Lunch
at the Twisted Rooster

2:00 "Special" Channel 3 Movie

"Goodnight & Good Luck"

1:00 Line Dancing
in Wellness Center

6:00 Fine Lines & Wine in St. George's Room 6:00 Virtual Bowling

in Wellness Center

2:15 WALKING CLUB

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9:00 Swim Therapy & Library Run

WEDNESDAY

10:00 Morning Prayer Service in St. Luke's Chapel 11:00 Muscles in Motion

in Wellness Center
1:00 News and Views
in Chaucer Room

1:30 Knit & Crochet Group in St. George's Room

1:30 Outing to Waterford Library to see

Pianist Peter Bergin

2:15 Functionally Fit in Wellness Room 2:30 Scripture Study w/Glenn in Chaucer Room

6:00 Bean Bag Toss in Wellness Center 26

9:30 Shopping Shuttle 10am & 1pm

THURSDAY

11:00 Balance & Stretch
in the Wellness Center
11:00 Southminster Book
Club in the Library
2:00 Watercolor Painting
with Karleigh
in St. George's Room
2:00 Channel 3 Movie
"The Post"

2:15 WALKING CLUB
4:00 Happy Hour
in Trillium Room
Entertainment by

Terry Stevenson

6:00 **Penny Toss** in Wellness Center

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11:00 Muscles in Motion

in Wellness Center

FRIDAY

11:00 Technology Lessons with Karleigh

2:00 BINGO BONANZA

in Wellness Center

7:00 Southminster
Movie Night
"How the West
Was Won"
in Wellness Center



SATURDAY

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10:00 Sit & Chat in the Pub

2:00 Euchre & Pinochle Club in Chaucer Room

7:00 Bingo in Wellness



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2:00 Sunday Service in St. Luke's Chapel

7:00 Channel 3
Movie
"The Post"



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Shopping Shuttle 10am & 1pm 8:30 Rise and Shine in Wellness Center 9:30 Line Dancing in Wellness Center

10:00 Calendar & Canterbury Tales Reading in Travel Hub

11:00 Muscles in Motion in Wellness Center

1:30 Inflatable Ring Toss in Wellness Center

2:00 Catholic Mass

in St. Luke's Chapel 2:00 XBOX Kinect

Bowling in Wellness Center 3:30 NUTRITION TALK

in Wellness Center

6:00 Ring Toss in Wellness

