

# Canterbury Tales

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## ***This Year's Gala Supports our Terrace Garden Project***

***By Rochelle Rothwell, Executive Director***



Have you gotten your ticket to the gala yet? Did you know there are still opportunities to make a gift or donation of an item for the silent auction?

As we prepare for the 21<sup>st</sup> annual gala, I would like to take this opportunity to remind you of our focus on raising funds for the Terrace Garden to be located on the third floor of The Pavilion.

The addition of The Meadows was vital to completing the continuum of care here at the community. We

also take pride in the renovations within The Pavilion. We were disappointed to not have been able to extend those renovations to the second and third floors of The Pavilion. We do have a plan to continue our renovations of those areas over the next several years as part of our routine capital improvement plans.

However, to fund The Terrace Garden, we are counting on philanthropic gifts. When we opened in 1994, the rooftop area was an outdoor space that allowed for residents of that area to enjoy the out of doors as part of their daily planned activities or visits with their loved one. In the early 2000s, a roof repair was required, so the space was dismantled and the roof repaired. There were not funds available at that time to rebuild the outdoor space.

Residents in this long term care area are primarily supported by Medicaid and are living with some form of dementia. That means they cannot travel without supervision to one of the many beautiful outdoor spaces at Canterbury that so many of us enjoy. The travel may also create stress and anxiety. The result is that a resident may go weeks or months without enjoyment of the outdoors.

Our new space will afford residents in this area to use the space with and without supervision, thanks to clear sightlines and safe spaces. We think it will be even better than it was before!

We have desire to meet our fundraising goal of \$200,000 to create this much-needed environment. Please help by joining us at the gala, making a cash donation or of an item to be auctioned off in the silent auction. Every little bit we do takes us closer to making Canterbury a better place to live for all!





# Volunteer Corner



By *Liz Vachon, Volunteer Coordinator*

Every year Canterbury-on-the-Lake gives away college scholarships to students that are going to graduate from high school in the spring, and are in our volunteer program. In the past 5 years we have given away 18 \$1,000 scholarships. I am happy to announce that we have five high school seniors going for the scholarships this year. We have Josh Agius, Maddie Deitz, Chandler Deuman, Lexi Hull, and Melina Hurin.



Josh Agius

Josh is from Walled Lake Northern and is a busy guy! He moved here from Minnesota last year, and he is happy to be here in Michigan. He has a part-time job at Lifetime Fitness. When he is not volunteering at Canterbury, he runs track and cross country, participates in DECA (a career and technical student organization), National Honor Society, and student council. When asked why he wanted to volunteer at Canterbury he said, "I wanted to get involved with my community, and I've always enjoyed meeting new people and learning new things." Josh is a regular to our evening activities in Southminster.

Maddie is also a Walled Lake Northern student. Maddie is involved with school sports and is currently on the cross country team. She will also do track in the spring. Maddie loves hanging out with her cat and enjoys supporting her school by attending many sporting events. I asked Maddie why she wanted to become a volunteer and she said, "I wanted to volunteer at Canterbury because I enjoy helping out others and I love being able to make people smile." Maddie does just that, as the residents really enjoy spending time with her during our Southminster evening wellness activities.



Chandler Deuman

Chandler Deuman who attends Waterford Mott, is a long time volunteer of Canterbury. She has been volunteering since she was in middle school. Chandler is a very busy person but is still finding time to give back to her community. When she is not at Canterbury, she is involved with the Anti-Defamation League, Positive Peer Influence group, National Honor Society, and is a member of the Mott golf team. She also enjoys photography. Chandler has a part-time job working at McDonald's



Maddie Deitz

and in the summer she works at Oakland Yard as a camp counselor. Chandler said, "I started volunteering at Canterbury because I have always liked meeting new people and helping others." You will be able to find Chandler working in The Gift Shop as well as enjoying other activities throughout the building.

Lexi Hull is a student at Waterford Kettering High School. Lexi is a the sister to Karleigh Thompson, an employee of the Community Life Services Team here at Canterbury. Lexi started volunteering over a year ago and has loved being here. She has gotten to know and love many of our residents as well as our staff. Lexi enjoys photography and collecting crystals.



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Lexi Hull

She works at Maurice's clothing store, as well as the Oakland County Farmer's Market on the weekend. When asked why she loves to volunteer, she said, "I really enjoy seeing the residents and I've made so many bonds with everyone, including the staff. It is like my second home." You will find Lexi working in the Gift Shop as well as helping out with crafts throughout the building!

Melina Hurin is a student at Oxford High School. Melina has been a volunteer for well over a year now. She has spent a lot of her time working in the Pavilion with our General Store, visiting at patio time, and helping at bingo. Melina is part of her marching band as the flute section leader. She also loves to dance, and she dances at Lynn's Dance Studio. She is currently taking 4 AP classes and is still finding time to balance her busy schedule.

She is in the Environmental Club, Spanish Club, and National Honor Society.

She tutors on the side, so if you need a tutor, she is a good one to call! When asked why she started volunteering at Canterbury, she said, "I originally started volunteering to get NHS service hours; however the more time I spent here, the more I began to love it. The experiences and the people are unbelievably amazing. Now I volunteer because it is something I am passionate about." You will find Melina in the Gift Shop as well as other areas of the building doing activities.

I am very excited about all five of these students. They each have something unique and wonderful that they are bringing to the community. I am already so proud of them, and the school year has just begun. It is going to be a fantastic year watching them grow as exceptional young adults. Don't forget to shop in our Gift Shop this school year! All of the proceeds of the Gift Shop fund and support our scholarship program. Every time you shop, you are helping these students and future students get a head start in their adult lives after graduation. Thank you for supporting our students!



Melina Hurin



**Save the Date!!**

**Canterbury's "famous" annual community-wide**

## **Trick-or-Treat Event**

**Wednesday, October 31st 10:30-11:30AM**

**in the Lower Level Community Center,**

**The Pavilion and The Meadows**

**Bagged candy donations are now being accepted by the Community Life Services Department in the Travel Hub, the Leas Lobby, the front entrance of The Meadows and lobby of The Pavilion.**

**Trick-or-Treaters wanted!**

*Help us spread the word to all the little ghosts and goblins.*



## Staff Appreciation Week a Success!

By Diane Slupka, Pavilion Administrator, and Elizabeth Crosson, Pavilion Support



It was yet another fantastic year for our Employee Appreciation Week. This week was filled with fun filled activities and opportunities for our staff to win prizes.

We kick started the week off with a “Sunday Funday Picnic”. It was a beautiful sunny day filled with smiling faces, great food, and the sound of laughter and conversations of our employees and their families enjoying the festivities. We enjoyed indulging in nachos, sloppy joes, buttery popcorn, and crisp caramel apples. The children burned off

some energy jumping in the bounce houses and playing yard games such as giant checkers and corn hole. Some of our more competitive employees raced each other in the bungee run.

We also had some great door prizes raffled off. Kristen Laforge won a Smart TV, Jessie Slumkowski won an Echo View, Brandy Escamilla and Marilyn Bliss won a \$50 Amazon gift card, and Rebeccah Thouin and Ashleyaira Miller won \$25 Starbucks gift cards. This is all thanks to our wonderful physicians who sponsored this event. From our medical director Dr. Hurst to Dr. Best, Dr. Breitenbach, Dr. Haq, Dr. Kakos, Dr. Klein, Dr. Kumar, Dr. Rao, Dr. Rosenblat, Dr. Milford, Dr. Salloum, and Dr. Zarka.



This week we also enjoyed eating hot pancakes straight off the griddle early Monday morning and sinfully delightful cheesy pizza throughout that afternoon and evening. On Tuesday we had a chance to show our silly side and dress up in goofy costumes to spin a giant wheel to see what prize we could collect. On a more sophisticated note we explored the taste of different international cuisines put on by our talented Unidine staff. Thursday we enjoyed fresh fruit smoothies in the morning and big soft salty hot pretzels in the afternoon. We wrapped up this eventful week with fresh coffee and donuts and ice cream sandwiches on Friday; along with finding out who our adventurous winners were that won the scavenger hunt.

This is Canterbury’s way of giving back to our staff. Every department has a special week that is celebrated throughout the year such as nursing week, social services week, etc. Here at Canterbury on-the-Lake we like to celebrate every department within one big event-filled week. We enjoy giving back to our wonderful staff, and appreciate everything they do to take care of our residents.



## *The Lively Leas*

*By Tiffany Gregart, Leas Manager*



September was such a fun month in The Leas. October is going to have to step up its game if it wants to compete with all the fun we had. The end of the warm days brought in some great harvests from our gardens and we enjoyed happy hours on the patio. One of the best things that happened in September was National Assisted Living Week. If you stopped by to visit, you saw photographs posted of residents and staff. We kicked off the week with Tropical Day, Mother Nature did not get our memo and the sun did not come out so we moved our patio party inside and enjoyed the entertainment. Tuesday was Carnival Day where we played carnival games and enjoyed balloon animals and hats made by a very entertaining clown. Wednesday, Safari Day, we had a visit from our very favorite traveling zoo. Residents and staff enjoyed all the amazing animals that came to see us. Thursday, for Fiesta Day we all tried our luck at breaking open the piñata and Friday we ended the week with Western Day which included some campfire songs and s'mores on the patio. A special thank-you to our Community Life Services team for going "above and beyond" and creating such a special time for us all.



*Muriel & Harry Ahlborn*

One wonderful thing happening this month is that we are celebrating a diamond anniversary for one of our assisted living couples Harry and Muriel Ahlborn. The Ahlborn's met in London at a dance hall for the armed forces. Muriel was working with the British Red Cross and Harry was stationed there flying B-24 Bombers. The relationship bloomed and soon they were married. Muriel shared that the wedding was a very small affair as most of the men were away at war. They have fond memories of those unusual times. The couple is celebrating 75 years of "wedded bliss" on October 2<sup>nd</sup>. Please help me congratulate them on this amazing milestone.



## *Pavilion Life Enrichment*

*By Michelle Isopi, Pavilion Life Enrichment Manager*



***OCTOBER is going to be SPOOKtacular!!***

The Life Enrichment Team in The Pavilion has many exciting activities planned for the month of October. Please see the Pavilion October Calendar for specific dates and times of the following activities:

- \*Our first annual Oktoberfest celebration – including beer, pretzels and lots of German cheer!
- \*Fall Color Tour Outing
- \*Pumpkin Carving
- \*Baking Club – apple and pumpkin flavored treats
- \*Warm Apple Cider and Donuts
- \*Annual Trick-or-Treating event – come help us hand out candy to the children down on the first floor of The Pavilion.



So get your Halloween costumes ready and come join us daily for the SPOOKtacular October-themed **FUN** in The Pavilion!

*You may reach Michelle Isopi during regular business hours at 248-674-9292, e-mail [misopi@cotl.net](mailto:misopi@cotl.net) or in her office located on the 2nd floor of The Pavilion*

# Southminster Scoop

**By Ruth Creech, Southminster Resident Association Board President**

One of the joys of Canterbury is its people- residents and staff alike. You have had interesting lives which make fabulous stories. The RA Board is proposing there be a monthly column in the Canterbury Tales in which these stories are shared. Maybe you would like to write about something you are doing here, perhaps something unique in your earlier life, or perhaps the best (or worst) advice you ever gave or received. It would be wonderful if you volunteered these contributions. If you do not like to write, talk to one of our committee members (Margaret Chaney, chairman, and Margaret Nommensen) and someone will write it up for you.



Betsy Fitzgerald starts the stories as submitted below.

## Southminster Salutes . . .

### ***The Egrets***

Every night at Canterbury we have a gathering of Great Egrets. They fly into Clam Lake between 7:30 and 8:30 in the evening and spend the night. Residents told us they have done this for a few years. They start to arrive in August and the numbers increase as they prepare to migrate. We first noticed them when there were 12 to 14. The numbers have now increased to 52. It is beautiful to watch them fly in and land. You can recognize them with their white feather bodies and wings, long black legs, and long neck and yellow beaks. Come and join us at the transportation door or pavilion.



*Our friends, The Egrets, on Clam Lake at Canterbury-on-the-Lake*



*Margaret Nommensen with Betsy & Richard Fitzgerald enjoying the Egrets.*

Canterbury-on-the-Lake's  
21st Annual Gala  
Featuring Mentalist  
Brent Webb

Join Us on Saturday, October 13, 2018



## PASTORAL CARE CORNER

By The Rev. Deacon Glenn Morrison, Pastoral Care Coordinator



### CROP HUNGER WALK

ENDING HUNGER ONE STEP AT A TIME



**Crop Walk:** What is "Crop Walk"? Crop Walk has been going on for nearly a half century now. It began with an organization called Church World Services which came about to provide fresh water to countries that had little or no fresh water. Since then many churches and organizations have participated around the world, to raise funds to not only go to the impoverished countries, but also go to non-profit organizations in the communities where the walks take place.

This year Canterbury-on-the-Lake will be participating in Crop Walk. Although we will not be raising money, we will be collecting canned goods to go to Meals on Wheels, an organization in Waterford to help feed homebound seniors.

The following canned goods are being requested:

- Canned Fruit
- Soups
- Peanut Butter
- Canned Tuna
- Canned Chicken



The residents will be doing a walk on October 8th for our participation in the cause and we would like to have a good turnout, as we join with other organizations in this worthy cause!

We will be placing collection bins throughout the campus and asking families of residents that come and visit and employees or just anyone who would like to purchase the above items and place in the bins. They will be delivered to Waterford Meals on Wheels.

On behalf of everyone here at Canterbury-on-the-Lake, we would like to say "thank you" in advance as we continue to give back to this community of Waterford in which we all live.

You may reach Glenn Morrison during regular business hours at 248-674-9292, or e-mail [gmorrison@cotl.net](mailto:gmorrison@cotl.net) or in his office located in St. Luke's Chapel





# A Message from Director of Fund Development

## Susan Hammersmith



### Canterbury Gives Back – 2018 Walk to End Alzheimer's!



On August 25, Canterbury once again, had a team of participants walking at the 2018 Detroit Walk to End Alzheimer's at the Detroit Zoo. The Canterbury team raised more than \$2,500. Canterbury's team raised money individually and through Canterbury events around campus like "Casual for a Cause" and Ice Cream Socials.

Canterbury's Janet Stephens and Carol Gerometta had their own team walking in memory of their loved one, Patricia Dereamer. Janet, Carol and their friends and family raised \$955 in memory of Patricia.



### **2018 CANTERBURY-ON-THE-LAKE BOARD OF DIRECTORS**

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