









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 <i>New Year's Day</i></p> <p>11:00 131st Rose Bowl Parade on ABC</p> <p>1:00 Citrus Bowl University of Michigan vs. Alabama</p>   	<p>2</p> <p>Shopping Shuttle 10am & 1pm</p> <p>11:00 Cardio Drumming in Wellness Center</p> <p>2:00 Crafts with Amy in St. George's Room</p> <p>2:00 Channel 49 Movie "Forrest Gump"</p> <p>2:30 Walking Club meet in Wellness Center</p> <p>4:00 Happy Hour in Trillium Room</p> <p>6:00 Line Dancing in Wellness</p>	<p>3</p> <p>10:00 Creative Writing in St. George's Room</p> <p>11:00 Cardio & Core in Wellness Center</p> <p>11:00 1:1 Technology Lessons</p> <p>1:30 Chef Demo in Iris Room</p> <p>4:15 Outing to Waterford Golden Age Club's Spaghetti Dinner</p> <p>7:00 Southminster Movie Night "Yesterday" in Wellness Center</p>	<p>4</p> <p>10:00 Sit & Chat in Pub</p> <p>2:00 Euchre & Pinochle Club in Chaucer Room</p> <p>7:00 Bingo in Wellness Center</p> 
<p>5</p> <p>2:00 Sunday Service in St. Luke's Chapel</p> <p>7:00 Channel 49 Movie "Forrest Gump"</p> <p>8:00 77th Golden Globe Awards on NBC</p> 	<p>6 <i>Epiphany</i></p> <p>Shopping Shuttle 10am & 1pm UNDECORATING DAY</p> <p>8:30 Rise and Shine in Wellness</p> <p>9:30 Western Dancing in Wellness Center</p> <p>10:00 Art w/Janet in Leas Art Studio</p> <p>10:00 Calendar & Canterbury Tales Reading in Travel Hub</p> <p>11:00 Core & Balance in Wellness Center</p> <p>2:00 Catholic Mass in St. Luke's</p> <p>2:00 Woman's Bowling League in Wellness</p> <p>6:30 Mystery Game in Wellness</p>	<p>7</p> <p>TBA MASSAGE THERAPY W/ERIKA UNDECORATING DAY</p> <p>9:30 Café Central in St. George's</p> <p>11:00 Balance & Stretch in Wellness Center</p> <p>1:00 Happy Feet Dancing in Wellness Center</p> <p>2:00 "Special" Channel 49 Movie "The Great Gatsby"(1974)</p> <p>2:30 Walking Club meet in Wellness Center</p> <p>3:15 January IQ Game in Wellness</p> <p>6:30 Table Games in St. George's Room</p> <p>6:30 CO-ED Virtual Bowling in Wellness Center</p> 	<p>8</p> <p>TBA MASSAGE THERAPY W/ERIKA</p> <p>8:45 Swim Therapy at WMHS</p> <p>9:15 Waterford Library Run</p> <p>10:00 Morning Prayer Service in St. Luke's Chapel</p> <p>11:00 Cardio Combo in Wellness</p> <p>11:45 Meditation in Wellness</p> <p>1:15 News and Views in Chaucer</p> <p>1:30 Walker Stroll Dancing in Wellness Center</p> <p>2:30 Scripture Study w/Glenn in St. George's Room</p> <p>3:00 Wellness Seminar The Benefits of Reiki Therapy in Wellness Center</p> <p>6:30 Bean Bag Toss in Wellness</p>	<p>9</p> <p>Shopping Shuttle 10am & 1pm</p> <p>11:00 Strength & Balance in Wellness Center</p> <p>2:00 Crafts with Amy in St. George's Room</p> <p>2:00 Channel 49 Movie "Once Upon a Time in Hollywood"</p> <p>2:30 Walking Club in Wellness Center</p> <p>4:00 Happy Hour in Trillium Room w/Entertainment by D&A Duo</p> <p>6:00 Line Dancing in Wellness Center</p>	<p>10</p> <p>11:00 Cardio & Core in Wellness Center</p> <p>11:00 Lunch Outing to the Dakota Inn Rathskeller</p> <p>11:00 1:1 Technology Lessons</p> <p>1:00 Painting w/Nina in St. George's Room</p> <p>1:30 Southminster Culinary Meeting in Iris</p> <p>7:00 Southminster Movie Night "By the Light of the Silver Moon" (1954)</p> 	<p>11</p> <p>10:00 Sit & Chat in Pub</p> <p>2:00 Euchre & Pinochle Club in Chaucer Room</p> <p>7:00 Bingo in Wellness Center</p>
<p>12</p> <p>2:00 Sunday Service in St. Luke's Chapel</p> <p>7:00 Channel 49 Movie "Once Upon a Time in Hollywood"</p> 	<p>13</p> <p>Shopping Shuttle 10am & 1pm</p> <p>8:30 Rise and Shine in Wellness</p> <p>9:30 Western Dancing Wellness</p> <p>10:00 Art w/Janet in Leas Art Studio</p> <p>10:00 Calendar & Canterbury Tales Reading in Travel Hub</p> <p>11:00 Core & Balance Wellness</p> <p>1:00 Resident Association Meeting in Iris Room</p> <p>2:00 Catholic Mass in St. Luke's</p> <p>2:00 Woman's Bowling League in Wellness Center</p> <p>3:00 Activities Planning Meeting in Chippendale Room</p> <p>6:30 Mystery Game in Wellness</p>	<p>14</p> <p>9:30 Café Central in St. George's Room</p> <p>11:00 Balance & Stretch in Wellness Center</p> <p>TBA Outing to MJR Movies</p> <p>1:00 Happy Feet Dancing in Wellness Center</p> <p>2:00 "Special" Channel 49 Movie "The More the Merrier"</p> <p>2:30 Walking Club meet in Wellness Center</p> <p>6:30 Table Games in St. George's Room</p> <p>6:30 CO-ED Virtual Bowling in Wellness Center</p>	<p>15</p> <p>8:45 Swim Therapy at WMHS</p> <p>9:15 Waterford Library Run</p> <p>10:00 Morning Prayer Service in St. Luke's Chapel</p> <p>11:00 Cardio Combo in Wellness Center</p> <p>11:45-12:00 Meditation in Wellness Center</p> <p>1:15 News and Views in Chaucer</p> <p>2:30 Scripture Study w/Glenn in St. George's Room</p> <p>6:30 Bean Bag Toss in Wellness Center</p>	<p>16</p> <p>Shopping Shuttle 10am & 1pm</p> <p>11:00 Cardio Drumming in Wellness Center</p> <p>2:00 Channel 49 Movie "Mystery, Alaska"</p> <p>2:30 Walking Club Meet in Wellness Center</p> <p>3:00 Loss Support Group in St. Luke's Chapel</p> <p>4:00 Happy Hour in Trillium Room</p>	<p>17</p> <p>11:00 Cardio & Core in Wellness Center</p> <p>11:00 1:1 Technology Lessons</p> <p>2:30 January Birthday Party in St. George's Room</p> <p>7:00 Southminster Movie Night "Hello Dolly" in Wellness Center</p> 	<p>18</p> <p>10:00 Sit & Chat in Pub</p> <p>2:00 Euchre & Pinochle Club in Chaucer</p> <p>7:00 Bingo in Wellness Center</p> <p>All activities, outings and events that are held outside are weather permitting!</p> 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>2:00 Sunday Service in St. Luke's Chapel</p> <p>7:00 Channel 49 Movie "Mystery, Alaska"</p> 	<p>20 <i>Dr. Martin Luther King Jr. Day</i></p> <p>TBA MASSAGE THERAPY WERIKA</p> <p>10:00 Art Class w/Janet in Leas Art Studio</p> <p>2:00 Catholic Mass in St. Luke's Chapel</p> 	<p>21</p> <p>9:30 Café Central in St. George's Room</p> <p>TBA MASSAGE THERAPY with ERIKA</p> <p>11:00 Outing to Leon & Lulu's for Shopping and Lunch at the 3 Cats Café in Clawson</p> <p>11:00 Balance & Stretch in Wellness Center</p> <p>1:00 Happy Feet Dancing in Wellness Center</p> <p>2:00 "Special" Channel 49 Movie "Mr. & Mrs. Smith" (1941)</p> <p>2:30 Walking Club in Wellness Center</p> <p>6:30 Table Games in St. George's Room</p> <p>6:30 CO-ED Virtual Bowling in Wellness</p>	<p>22</p> <p>8:45 Swim Therapy at WMHS</p> <p>9:15 Waterford Library Run</p> <p>10:00 Morning Prayer Service in St. Luke's Chapel</p> <p>11:00 Cardio Combo in Wellness Center</p> <p>11:45 Meditation in Wellness</p> <p>1:15 News and Views in Chaucer Room</p> <p>1:30 Walker Stroll Dancing in Wellness Center</p> <p>2:30 Scripture Study with Glenn in St. George's Room</p> <p>3:00 Wellness Seminar Common Hand, Wrist, & Elbow Injuries in Wellness Center</p> <p>6:00 Pianist Peter Bergin in Concert in St. Luke's Chapel "RAGTIME SPECTACULAR"</p>	<p>23</p> <p>Shopping Shuttle 10am & 1pm</p> <p>11:00 Cardio Drumming in Wellness Center</p> <p>2:00 Crafts with Amy in St. George's Room</p> <p>2:00 Channel 49 Movie "The Curious Case of Benjamin Button"</p> <p>2:30 Walking Club meet in Wellness Center</p> <p>3:15 Cranium Crunches in Wellness Center</p> <p>4:00 Happy Hour in Trillium Room</p> <p>6:00 Line Dancing in Wellness Center</p>	<p>24</p> <p>11:00 Cardio & Core in Wellness Center</p> <p>11:00 1:1 Technology Lessons</p> <p>1:00 Painting with Nina in St. George's Room</p> <p>2:30 Chinese New Year Customs and Celebration in St. George's Room</p> <p>7:00 Southminster Movie Night "When Harry Met Sally" in Wellness Center</p>	<p>25 <i>Chinese New Year</i></p> <p>10:00 Sit & Chat in the Pub</p> <p>2:00 Euchre & Pinochle Club in Chaucer</p> <p>7:00 Bingo in Wellness Center</p> 
<p>26</p> <p>2:00 Sunday Service in St. Luke's Chapel</p> <p>7:00 Channel 49 Movie "The Curious Case of Benjamin Button"</p> 	<p>27</p> <p>Shopping Shuttle 10am & 1pm</p> <p>8:30 Rise and Shine in Wellness Center</p> <p>9:30 Western Dancing in Wellness Center</p> <p>10:00 Art Class w/Janet in Leas Art Studio</p> <p>10:00 Calendar & Canterbury Tales Reading in Travel Hub</p> <p>11:00 Core & Balance in Wellness Center</p> <p>2:00 Catholic Mass in St. Luke's Chapel</p> <p>6:30 Mystery Game in Wellness Center</p>	<p>28</p> <p>9:30 Café Central in St. George's Room</p> <p>10:00 Outing to Flint Institute of Art</p> <p>11:00 Balance & Stretch in Wellness Center</p> <p>1:00 Happy Feet Dancing in Wellness Center</p> <p>2:00 "Special" Channel 49 Movie "Born Yesterday"</p> <p>2:30 Walking Club meets in Wellness</p> <p>6:00 Resident Potluck in Wellness Center</p>	<p>29</p> <p>8:45 Swim Therapy at WMHS</p> <p>9:15 Waterford Library Run</p> <p>10:00 Morning Prayer Service in St. Luke's Chapel</p> <p>11:00 Cardio Combo in Wellness Center</p> <p>11:45 Meditation in Wellness Center</p> <p>1:15 News and Views in Chaucer Room</p> <p>1:30 Walker Stroll Dancing in Wellness Center</p> <p>2:30 Scripture Study with Glenn in St. George's Room</p> <p>3:00 Wellness Seminar Introduction to CBD "Facts, Benefits, and Myths" in Wellness Center</p> <p>6:30 Bean Bag Toss in Wellness Center</p>	<p>30</p> <p>Shopping Shuttle 10am & 1pm</p> <p>11:00 Cardio Drumming in Wellness Center</p> <p>11:00 Southminster Book Club meet in St. George's Room</p> <p>2:00 Crafts with Amy in St. George's Room</p> <p>2:00 Channel 49 Movie "Atonement"</p> <p>2:30 Walking Club meet in Wellness Center</p> <p>4:00 Happy Hour in Trillium Room</p> <p>6:00 Line Dancing in Wellness Center</p>	<p>31</p> <p>11:00 Cardio & Core in Wellness Center</p> <p>11:00 1:1 Technology Lessons </p> <p>1:00 Painting with Nina in St. George's Room</p> <p>2:30 Bingo Bonanza in Wellness Center</p> <p>7:00 Southminster Movie Night "The Proposal" in Wellness Center </p>	<p>*All activities and outings are WEATHER PERMITTING After all ... this IS Michigan!</p> 