












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>New Year's Day</i> 	2  11:00 Knit & Crochet Group 1:30 Muscles in Motion Exercise with Laura 2:00 Channel 3 Movie "Forrest Gump" 2:00 Happy Hour	3 11:00 What's New in the New Year? 1:30 Fresh Popcorn 2:00 Chef Demo 2:30 General Store 	4 11:00 Saturday Stretch Chair Exercise 1:30 Beauty Hour 2:30 Group Crossword 6:00 Movie Night
5 2:00 Sunday Service in St. Luke's Chapel 7:00 Channel 3 Movie "Forrest Gump" 	6 <i>Epiphany</i> 11:00 Morning Prayer with Glenn 2:00 Catholic Mass in the St. Luke's Chapel & Showing on Channel 4 1:00 Undecorating 2:30 Dream Cruise	7 <i>Undecorating</i> 11:00 News & Views 2:00 'Special' Channel 3 Movie "The Great Gatsby" 2:00 Watercolor Painting  6:00 Musical Memories with Kristen	8 10:00 Morning Prayer Service Showing on Channel 4 11:00 Elvis Presley Birthday Music and Facts 2:00 Baking Peanut Butter Cookies 3:00 Group Trivia 	9 11:00 Knit & Crochet Group 1:30 Muscles in Motion Exercise with Laura 2:00 Channel 3 Movie "Once Upon a Time in Hollywood" 2:00 Happy Hour	10 11:00 Five Clues What is it Game? 1:30 Fresh Popcorn 2:15 Prayer and Praise Bible Study with Ami 3:00 Bingo 	11 <i>let it snow</i> 11:00 Saturday Stretch Chair Exercise 1:00 Hand Massages 2:00 Winter Jokes and Short Stories 6:00 Movie Night 
12  2:00 Sunday Service in St. Luke's Chapel 7:00 Channel 3 Movie "Once Upon a Time in Hollywood" 	13 11:00 Morning Prayer with Glenn 2:00 Catholic Mass in St. Luke's Chapel & Showing on Channel 4 1:30 Beauty Hour 2:30 Dream Cruise 	14 11:00 News & Views 2:00 'Special' Channel 3 Movie "The More the Merrier" 2:00 Watercolor Painting 6:00 Musical Memories with Kristen	15  10:00 Morning Prayer Service Showing on Channel 4 10:30 Trivia Game and Hot Cocoa 1:00 Fresh Popcorn with Todd 2:00 Noodle Ball 3:00 Entertainment by "Christen Schinker"	16 10:30 Massage Therapy with Erika 11:00 Knit & Crochet 1:30 Muscles in Motion Exercise with Laura 2:00 Channel 3 Movie "Mystery, Alaska" 2:00 Happy Hour 	17 11:00 Q-Tip Snowman Painting with Martha 1:30 Fresh Popcorn 2:00 Bingo 	18  11:00 Saturday Stretch Chair Exercise 1:30 Beauty Hour 2:30 Balloon Ball 6:00 Movie Night 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 2:00 Sunday Service in St. Luke's Chapel & Showing on Channel 4 7:00 Channel 3 Movie "Mystery, Alaska" 	20 <i>Martin Luther King Jr Day.</i> 11:00 Morning Prayer with Glenn 2:00 Catholic Mass in St. Luke's Chapel & Showing on Channel 4 1:30 Walking Club 2:30 Dream Cruise 	21  11:00 News and Views with Karleigh 2:00 "Special" Channel 3 Movie "Mr. and Mrs. Smith (1941)" 2:00 Group Crossword 6:00 Musical Memories with Kristen	22 10:00 Morning Prayer Service Showing on Channel 4 10:30 Remembering the Wonders Of Winter 11:30 Lunch Outing 2:00 Snowman Craft 3:00 Entertainment by "Mo"	23 11:00 Knit & Crochet Group 1:30 Muscles in Motion Exercise with Laura 2:00 Channel 3 Movie "The Curious Case of Benjamin Button" 2:00 Happy Hour 	24 11:00 Discovery and Discussion "Are you a Rat?" 1:30 Fresh Popcorn  2:30 Year of the Rat Trivia and Crosswords 3:30 Chinese New Year Themed Bingo	25 <i>Chinese New Year</i> 11:00 Saturday Stretch Chair Exercise 1:45 Walking Club 2:00 Chinese New Year "Year of the Rat" 3:00 Chinese Dragon Coloring 6:00 Movie Night 
26 2:00 Sunday Service in St. Luke's Chapel 7:00 Channel 3 Movie "The Curious Case of Benjamin Button" 	27 11:00 Morning Prayer with Glenn 2:00 Catholic Mass in St. Luke's Chapel & Showing on Channel 4 2:30 Dream Cruise	28 11:00 News and Views 2:00 "Special" Channel 3 Movie "Born Yesterday" 2:00 Name that Tune?  6:00 Musical Memories with Kristen	29 10:00 Morning Prayer Service Showing on Channel 4  11:00 Easy Does It January Trivia 1:30 Fresh Popcorn with Todd 2:30 Bowling 3:30 Root Beer Floats 	30  11:00 Knit & Crochet Group 1:30 Muscles in Motion Exercise with Laura 2:00 Channel 3 Movie "Atonement" 2:00 Happy Hour	31 11:00 January Travelogue Deep in the Heart of Texas 1:30 Fresh Popcorn 2:00 Parachute Game with Martha 3:00 Health Snack	