The Meadows JANUARY 2020



Sunday Tuesday Wednesday **Thursday** Saturday **Monday Friday** 2 3 4 1 New Year's Day 11:00 Knit & 11:00 What's New 11:00 Saturday Stretch Chair **Crochet Group** in the New Year? **Exercise** 1:30 Muscles in 1:30 Fresh Popcorn 1:30 Beauty Hour **Motion Exercise** 2:30 Group 2:00 Chef Demo with Laura Crossword 2:00 Channel 3 Movie 2:30 General 6:00 Movie Night "Forrest Gump" Store 2:00 Happy Hour 9 10 6 Epiphany Undecorating 2:00 Sunday Service 11:00 Morning Prayer 11:00 News & Views 10:00 Morning Prayer 11:00 Knit & 11:00 Five Clues 11:00 Saturday in St. Luke's Chapel with Glenn Service Showing Stretch Chair 2:00 'Special" Channel **Crochet Group** What is it Game? 7:00 Channel 3 on Channel 4 Exercise 3 Movie 2:00 Catholic Mass 1:30 Muscles in 1:30 Fresh Popcorn 11:00 Elvis Presley 1:00 Hand Massages "The Great Gatsby" Movie in the St. Luke's Chapel **Motion Exercise** 2:15 Prayer and 2:00 Watercolor **Birthday** & Showing on Channel 4 2:00 Winter Jokes "Forrest Gump" with Laura **Praise Bible Study Music and Facts** 1:00 Undecorating and Short Stories Painting 4 2:00 Channel 3 Movie with Ami 2:00 Baking Peanut 2:30 **Dream** 6:00 Musical 6:00 Movie Night "Once Upon a Time in 3:00 Bingo **Butter Cookies** Hollywood" Cruise **Memories** 3:00 Group Trivia 2:00 Happy Hour with Kristen 13 14 15 17 16 18 11:00 Saturday 2:00 Sunday Service 10:00 Morning Prayer 11:00 News & Views 10:30 Massage 11:00 Morning 11:00 Q-Tip Stretch Chair Service Showing in St. Luke's Chapel 2:00 'Special" Therapy with Erika **Praver with Glenn Snowman Painting** on Channel 4 **Exercise** 7:00 Channel 3 Movie 11:00 Knit & Crochet 2:00 Catholic Mass **Channel 3 Movie** 10:30 Trivia Game with Martha 1:30 Beauty Hour "Once Upon a Time in "The More the Merrier" 1:30 Muscles in in St. Luke's Chapel & and Hot Cocoa 2:30 Balloon Ball Hollywood" 2:00 Watercolor **Motion Exercise** 1:30 Fresh **Showing on Channel 4** 1:00 Fresh Popcorn 6:00 Movie Night with Laura 1:30 Beauty Hour **Painting** with Todd Popcorn 2:00 Channel 3 Movie 6:00 Musical 2:00 Noodle Ball 2:30 **Dream** 2:00 Bingo "Mystery, Alaska" **Memories** 3:00 Entertainment by Cruise

"Christen Schinker"

with Kristen

2:00 Happy Hour

The Meadows

JANUARY 2020



Sunday 19

2:00 Sunday Service in St. Luke's Chapel & Showing on Channel 4 7:00 Channel 3 Movie "Mystery, Alaska"



20 Martin Luther King Jr Day.

Monday

11:00 Morning **Praver** with Glenn

2:00 Catholic Mass in St. Luke's Chapel & Showing on Channel 4 1:30 Walking Club 2:30 **Dream**

Cruise



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11:00 Morning Prayer with Glenn

2:00 Catholic Mass in St. Luke's Chapel & Showing on Channel 4

2:30 **Dream** Cruise

21 11:00 News and

Tuesday

Views with Karleigh 2:00 "Special" **Channel 3 Movie** "Mr. and Mrs.

2:00 **Group** Crossword

Smith (1941)"

6:00 Musical **Memories with** Kristen

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10:00 Morning Prayer Service Showing on Channel 4 10:30 Remembering the Wonders Of Winter

Wednesday

11:30 Lunch Outing

2:00 Snowman Craft

3:00 Entertainment by "Mo"

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11:00 Knit & **Crochet Group**

Thursday

1:30 Muscles in **Motion Exercise** with Laura

2:00 Channel 3 Movie "The Curious Case of Benjamin Button"

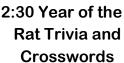
2:00 Happy Hour

24

11:00 Discovery and Discussion "Are you a Rat?"

Friday

1:30 Fresh **Popcorn**



3:30 Chinese **New Year Themed Bingo**

Saturday 25 Chinese New Year

11:00 Saturday **Stretch Chair** Exercise

1:45 Walking Club

2:00 Chinese **New Year**

"Year of the Rat" 3:00 Chinese

Dragon Coloring 6:00 Movie Night

Movie

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2:00 Sunday Service in St. Luke's Chapel 7:00 Channel 3 Movie "The Curious Case of Benjamin Button"



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11:00 News and Views

2:00 "Special" **Channel 3 Movie** "Born Yesterday"

2:00 Name that Tune?

6:00 Musical **Memories with** Kristen

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10:00 Morning Prayer Service Showing on Channel 4

11:00 Easy Does It January Trivia

1:30 Fresh Popcorn with Todd

2:30 Bowling

3:30 Root Beer **Floats**

30

11:00 Knit & Crochet Group

1:30 Muscles in **Motion Exercise** with Laura

2:00 Channel 3 Movie "Atonement"

2:00 Happy Hour

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11:00 January **Travelogue Deep** in the Heart of **Texas** 1:30 Fresh **Popcorn** 2:00 Parachute Game with Martha 3:00 Health

Snack

