



Canterbury Tales



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A CANTERBURY-ON-THE-LAKE PUBLICATION

July 2019

11th Annual Good Samaritan Golf Outing Benefits the 3rd Floor Terrace Garden Project

By Susan Hammersmith, Director of Development

On Thursday, June 6th, 64 golfers took the field at the Fountains Golf Course in Clarkston for Canterbury's 11th Annual Golf Outing.

At the Awards Dinner, attended by 80 people, prizes were handed out to the First Place and Last Place teams, as well as winners of the Longest Drive and Closest to the Pin contests.



The 2019 Winning Team: A.J. Bowen, Nick Swanson, Nick Body, and Jason Petiprin



"Losing" team from TMC Therapy

The first place team, with a score of 60, was Jason Petiprin, A.J. Bowen, Nick Swanson and Nick

Body. The team with the high score of 82 (aka Last Place Team) was from TMC – Kristie Back, Michelle Dicea, Josh Lawrence, and Amanda Walworth. The winners of the Longest Drive contest were Ronda Pype and Joe Dolder. The two winners of the Closest to the Pin contest were Kelly Reap and Jason Cramer.

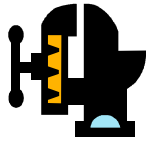
This year's winning raffle numbers were 114, 233, 295, 392 and 34: The \$500 winning prize belonged to Jill Cappel. The second place prize of \$250 was awarded to Dr. Ray Breitenbach. The three \$150 third place winners were Melissa DiVita, Richard Fitzgerald and Diane Slupka.

In total more than \$15,000 was raised for Canterbury's Terrace Garden Project.

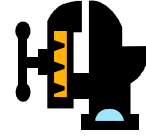


Three of the Raffle Winners (from left) Melissa DiVita, Dr. Ray Breitenbach and Diane Slupka





From the Work Bench



By Mark DeRaud, Director of Facility Services



For those who know me and “my writing”, know that I don’t write about the weather too often. We used to sit around a small table with other “Tale” contributors and joke about the often used first sentence hook. Let’s face it, the only real weather you can count on in Southeastern Michigan is the weather just outside of your window . . . and the seasons? Some years it seems we have just three – and they may not be the same three from year to year.

The weather, for some of us, has been so bad this spring I just had to write an article that begins, and could quite possibly end, with the weather. But this is not necessarily a story about the weather as much as Canterbury-on-the-Lake’s glorious spring time beauty and what happens when the weather delays the much-anticipated transition from a grey winter to a colorful spring. In fact, I believe our spring time grounds are so beautiful that then amplify the dread that often follows a particularly long winter, when rain and cold temps keep us from experiencing the beauty we know exists just around the corner. This year’s late spring has created challenges in lawn care, bed maintenance, planting of our annuals, along with some big outdoor projects; specifically evidenced by the extended delay in the planting of our commemorative 25th Anniversary Tree. At times I wondered if we were ever going to get it in. Of course, there are advantages to a long cool spring; such as the extended flowering of those plants that add the brilliant color to our community grounds. Though it has been tough to cut with all of the rain, the lawns have never been so green and lush without a drop of irrigation. The weather is unpredictable and ever changing but the dedication of the women and men who persevere through the ugliest of springs to give us this beauty each year, fortunately, is not. I tip my hat to the entire team, from the Building and Grounds Committee of the Board of Directors to the Maintenance Technicians on the grounds. We could not do it without everyone’s participation and support. The majesty of spring is upon us for sure, but there is still a great deal of work to be done yet this year.

We have a lot of dead plant material from the Meadows project that needs to be addressed and we will be seeking an answer to the questions surrounding the wild grass landscape architecture controversy that has been smoldering for a few seasons now. It looks like rain today, but there is still much work to be done.



Cercidiphyllum japonicum
(Common name: Katsura)



A Minute in The Meadows

By Toni Dill, Meadows Manager



The Meadows just acquired a new stand up garden that the residents can't wait to get into.

Spring is in full bloom here in The Meadows, and we are anxiously awaiting summer. Our courtyard is full of gorgeous flowers and our residents are enjoying the nice days spent outside on our three-season porch. During the month of May, we have welcomed a new Community Life Services Manager, Karleigh Thompson, and we are very excited to have her on board. Karleigh previously worked with our Director of Resident Services, Jamie Martin, in the Community Life Services Department for The Leas and Southminster; and has been with Canterbury for over four years. Her well-rounded experience and passion for this community and our residents is a wonderful benefit to our

Community Life Services Department in The Meadows. Karleigh has already implemented new activities; added wonderful books, puzzles, games and more to our collection; and is continuing to find new ways to keep community life enrichment in The Meadows at its best. This month, Karleigh and her team have added a new wheelchair accessible raised garden bed to our courtyard, and with the help from our residents, are planting herbs and vegetables for all to enjoy. We look forward to watching our gardens grow and wishing for a long, sunny summer





PASTORAL CARE CORNER

By The Rev. Deacon Glenn Morrison, Pastoral Care Coordinator

During the next several months I want to take some time to share with this community a practice that The Episcopal Presiding Bishop Michael Curry, is encouraging everyone (not just Episcopalians), but all Christians, a way to center out lives around God. This practice is called “The Way of Love”.



The image above to the right shows us the different practices that when followed, should help all of us find a new way to “Come and Follow Jesus” in this Jesus Movement. I want to use my Chaplain’s Corner to share a different practice each month. All of these practices are taken from the website www.episcopalchurch.org/wayoflove which I invite you to explore.

This month the topic is “Pray” as I stated in last month’s Chaplain Corner. This is a topic that I hold dear to my heart, as I hope you all do as well. I am certain that prayer inherently resides in everyone’s life no matter what religion or denomination you are. Prayer is our way to speak with and have a relationship with God!

As it is stated in Bishop Curry’s “Way of Love”: “Jesus teaches us to come before God with humble hearts, boldly offering our thanksgivings and concerns to God or simply listening for God’s voice in our lives and in the world. Whether in thought, word or deed, individually or corporately; when we pray we invite and dwell in God’s loving presence.”

By having a healthy prayer life, and humbling ourselves with thanksgivings to God, we open our lives up to God’s goodness. This month I invite everyone to take some time out each day; in the morning, before meals, in the evenings or at bedtime, to enrich your relationship with God through prayer.

If you are new at this and would like some resources to guide you, feel free to come and see me. Call me at 248-674-5295, or just come to St. Luke’s Chapel and look around. I bet you could find something in the chapel that could assist you in your prayers.

To help you begin a healthy prayer life, I would like to recommend a prayer that I use in almost every service that I lead. It is the prayer of self dedication from the “Book of Common Prayer”.

“Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills; that we may be wholly yours, utterly dedicated unto you. Then use us, we pray you, as you will, and always to your glory and the welfare of your people. Through our Lord and Savior Jesus Christ. **Amen.**”

Next issue’s topic will be “Go”, so until then I pray that your prayer life increases and your prayers are heard!

You may reach Pastoral Care Coordinator Glenn Morrison at 248-674-5295 during regular business hours, or e-mail him at gmorrison@cotl.net. He can also be found in his office inside St. Luke’s Memorial Chapel



Dietician's Dialogue



By Tom Benoit, Registered Dietician, Unidine Clinical Dietician Manager



Recently the Life Enrichment team and the Dietary department planted flowers and an herb garden in The Pavilion courtyard. Life Enrichment Manager Abbey Mason and Clinical Dietitian Tom Benoit selected several varieties of flowers and herbs; such as basil, rosemary and mint for the benefit of the resident's of Canterbury to enjoy.



From The Pavilion Life Enrichment Team



By Abbey Mason, Pavilion Life Enrichment Manager



June came and went with LOTS of rain and some sunny days in between. We loved enjoying the fickle weather while listening to some fun tunes!

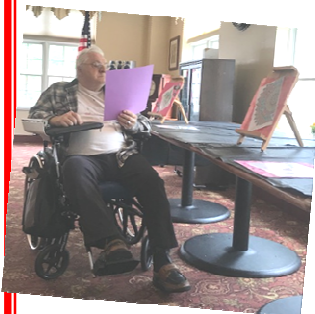
We rocked out our Flag Day trivia and enjoyed our first annual Art Stroll with great big ice cream sundaes. Needless to say, we have been pretty busy!



July brings the half-way point of 2019, lots of patriotic tunes, more exciting community outings, Christmas in July Entertainment hour and the 50th anniversary of the Moon landing!

We encourage family and friends to join us during every activity!

You may reach Abbey Mason at 248-674-9292 during regular business hours, or e-mail her at amason@cotl.net see her in her office which is located on the 2nd floor in The Pavilion





Southminster Salutes . . .

By Margaret Nommensen, Southminster Resident



Char (Charlotte) Maybee



Our Executive Director Rochelle Rothwell pictured with Char

Char was born on a farm that was originally owned by her pioneering ancestors who arrived in 1875 from New Jersey. Her ancestors were John, son Jessie, and John, Jessie's son. Char was an only child but she never really missed siblings as several cousins spent summers on the farm.

The farm was a dairy farm, which meant the cows always came first. Since hired help was not always available, social life for the family was non-existent until a reliable couple hired in and allowed the family to enjoy some time away from the farm.

Char was in junior high school when running water came in, so that allowed them to add a bathroom. Electricity came in the early 30's. The farm house was heated, first with wood, then a combination of wood and coal, then oil. Char's father attended a short course at Michigan Agricultural College which included such classes as management and horse shoeing.

At one point the farm was divided between Char's father and her uncle. However, the uncle was not interested in the farm, so Char's father continued to farm as usual, doing other chores and paying the taxes. The farm was sold when Char was out of high school, and is now the Fountains Golf Course. The road that is now Maybee Road was named by Detroit Edison when they electrified the area. Roads were then named for prominent families.

After high school, Char worked for General Motors for two summers doing filing. She knew that was not a career for her so she attended Michigan State College, which is now Michigan State University. Following her graduation, she taught kindergarten for 20-30 years, then Head Start.

Along the way, Char traveled to Ireland, Europe, and China. She sang in church choirs and is a Daughter of the American Revolution. Some of her other memories were of the first phone on the farm, a big black box with a hand wheel with the number 782 F11. Compare that now to phones that fit into the palms of our hands.

Char said she did everything a girl could want to do. She moved into Canterbury for a while. She liked older people, but that was before we had a Transportation department so everyone treated her as a nursemaid and taxi service, and she left for a time. Later, she moved back again to enjoy the benefits of retirement and to resume her friendship with Fran Keem. Char says, "I've had a good life!"



VOLUNTEER CORNER

By Liz Vachon, Volunteer Coordinator



So much has happened this past month in the Volunteer department, that I would like to share a little information with you about three of the events!

This year was the first year that we had foreign exchange students as volunteers. Tenile was from Brazil and Anna was from Italy. These two young women were very intelligent, and so excited to help out at Canterbury. They enjoyed meeting new people and talking to our residents. We laughed about some of the differences in American food versus their food from their home country. Did you know that our Doritos do not taste the same as Doritos in Brazil!? Who knew? On their last day, we all cried as we had to say goodbye knowing that we had made a quick friendship and that our paths may never cross again. I feel lucky to have gotten to know them this school year, and I look forward to being able to stay in touch with them through email!



Tenile, Liz and Anna



The Waterford Jammers

Music is good for the soul and the Waterford Jammers knows this to be true! The Waterford Jammers came to The Meadows and performed for the residents as volunteers. They used the time performing as a way to practice in front of an audience. They brought roughly ten people to play their instruments. The residents were singing along to the old tunes that they loved and they stayed and listened for an hour and a half! Thank you Waterford Jammers for playing for our residents and we hope to have you return soon!

And lastly, the Life Tracks students finished up their school year, and we said goodbye to them with a pizza party in the Summer House. Life Tracks is a group of Waterford students that are working with a job coach to gain skills for employment after graduation. The students work in the Leas Dining Room, The Pub, The Salon, The Wellness Center, the maintenance department, and The Pavilion. They



Our 2019 Life Tracks volunteers

work hard from October through May, and we are so proud of the growth they have made through the year. These students come with smiles and a positive attitude everyday! We will truly miss them this summer. Many of them have big plans of travel, fishing, going to the beach and relaxing this summer, and it is very well deserved. Congratulations to our Life Tracks students on another successful year!



Such love for these students!



A Message from Executive Director Rochelle Rothwell



Rick Pruett

As many of you know, Canterbury-on-the-Lake is managed by Life Care Services, a Des Moines, Iowa based Management Company specializing in senior living. It is the organization that employs me, and we, as a community are grateful for the support that they offer in many ways.

For several years, my supervisor and our key support from LCS was Rick Pruett. Rick had a background as an Executive Director (like me), as well as developer of senior housing communities. He lived in Texas and commuted weekly to Michigan to support Canterbury and other communities in the area. Rick made the commute for several years, including during a time his health took a terrible turn. Due to a chronic health condition, he required a kidney and pancreas transplant. He received that transplant in 2017 and had great success.

Rick then went on to take a job with a senior living company in Texas. He was part of a team that was building a luxury high rise in the Dallas area. We were very happy for him and his ability to be closer to home to enjoy his wife and two sons. He spoke often of them with great pride. We have enjoyed following his excitement and his career success as the community he was working on was set to open this summer.

Sadly, we learned that Rick passed away of a heart attack at home on June 8 at the too young age of 53. Many of you may remember Rick during his visits. He was a very kind and faithful servant. He loved working with seniors and had a great sense of humor. He had a deep faith in God and a kind heart.

For those of you that knew Rick, and even those of you that did not, I ask that you pray for his family and for those who loved him – especially his boys – who marked their first Father’s Day without him on the day after his funeral service.

I am reminded how grateful I am to be a part of a community of support and faith such as Canterbury. My thanks to you for your prayers and thoughts for our friend and colleague.

2019 CANTERBURY-ON-THE-LAKE BOARD OF DIRECTORS

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Canterbury Tales is the monthly newsletter of Canterbury-on-the-Lake and can be accessed on our website at www.canterburyontheLake.com We welcome your comments about *Canterbury Tales* as we strive to improve our publication. Articles of interest may be submitted to Jamie Martin, Director of Resident Services by e-mail at jmartin@cotl.net.

****Beginning with the next issue, Canterbury Tales will be printed bi-monthly. See you in September!**

